



October 8, 2020

Greetings Freeport Parents/Guardians,

We are grateful for a summer-like week and look forward to a long weekend of nice weather as well. Soak it up before winter arrives!

### **COVID 19 Update & District Closure Communication**

Please take note that as of Thursday, October 8, the Stephenson County positivity rate is at 7.2%. We are working closely with the health department to make sure we are monitoring our numbers. As previously communicated an 8% positivity rate is our threshold for temporarily closing our school buildings for two weeks in order to minimize the spread of the virus.

Due to the 3-day holiday weekend, we are taking a proactive step and sending home chromebooks and chargers on Friday, October 9, with all K-6, in-person learners in the event that the positivity rate reaches 8% or above during the weekend and would require the suspension of in-person instruction across the district. We would like to reiterate that communication regarding district or school closure will come directly from the Office of the Superintendent. Communication will be delivered through email, phone call, district website and FSD145 social media platforms.

### **COVID Update from Carl Sandburg Middle School**

The health department has recommended that a classroom of fourteen students from Carl Sandburg Middle School quarantine until October 15 due to exposure to Covid. At this time none of the students are exhibiting symptoms of Covid and this is merely a precautionary measure. Parents of the impacted students have been notified by the school and health department.

### **Coaches Appreciation Week**

October 12-16 is "Coaches Appreciation Week." FSD is fortunate to have great coaches. It has been said that good coaches change games, and great coaches change lives. Please join me in appreciating all of our coaches and their staff for their dedication and commitment to our students.

Thanks Coaches, this week is dedicated to you. **YOU ARE AWESOME!**

### **Heads Up Dates:**

- Monday, October 12 - Columbus Day -- NO SCHOOL
- October 19-23 is National Principal Appreciation Week
- Friday, October 30 - End of First Quarter Grade Reporting Period
- Tuesday, November 3 - Election Day -- NO SCHOOL
- Wednesday, November 4 - Parent-Teacher Conferences -- NO SCHOOL

## Physical & Immunization Requirements--First Day Exclusion Deadline Extension is here

Typically, all immunization and physical paperwork is due the first day of school. This year, the District is allowing an extension until **October 15** to submit all paperwork to the school nurse of the building your student attends. *Students who lack physicals or immunizations will need to be moved to remote only learning until their required paperwork is submitted to the school nurse.*

### Which Students Need Physicals/Immunizations by October 15?

Preschool	Complete Preschool Physical Exam. No additional immunization requirement if up-to-date.
Kindergarten	Complete Kindergarten physical exam (if not completed for FSD 145 preschool) and all required immunizations including: (Exams must be completed on or after Aug. 23, 2019 to present day) <ul style="list-style-type: none"><li>• Two does of MMR Vaccine</li><li>• Four doses of Polio Vaccine</li><li>• Four doses of DPT/DPTaP Vaccine</li><li>• Two doses of Varicella Vaccine (chicken pox)</li></ul> Complete Kindergarten dental by May 15, 2021 and vision exam by October 15, 2020..
2nd Grade	No additional physical/immunization requirements if up-to-date. Complete 2nd grade dental exam by May 15, 2021.
6th Grade	Complete 6th grade physical exam and all required immunizations including: <ul style="list-style-type: none"><li>• One dose of Tdap Vaccine</li><li>• One dose of Meningococcal Vaccine (meningitis) after the 11th birthday (If your child turns eleven after August 1st, you must submit proof of an upcoming scheduled appointment)</li><li>• Two doses of Varicella Vaccine (chicken pox)</li><li>• Three doses of Hepatitis B at the required intervals</li></ul> Complete 6th grade dental exam by May 15, 2021.
9th Grade	Complete 9th grade physical exam and all required immunizations. 9th grade athletes do not need a sports physical because they can use the more comprehensive school physical. NEW THIS YEAR: Complete 9th grade dental exam by May 15, 2021.
12th Grade	Must show proof of receiving two doses of meningococcal vaccine (meningitis) with the second dose received on or after the 16th birthday. If the first dose was given after the age of 16, then only one dose is required.

### Grab and Go Drop Off Meals—Remote Only

Our District has gone the extra step of providing meal drop off through our transportation department on Saturdays as well as pick up at FHS. However, if a family misses two meal drop offs and fails to come pick up their missed meals from us, we will stop delivery to the residence. Families can sign up again as needed. Please understand that these guidelines are put into place to avoid wasting meals.

#### Tech Support

Please reach out to the FSD145 Tech Team at 815-232-0569 if the issue is related to general login, passwords, or non-functional technology.

#### Common Tech Quick Fixes

Please visit [this LINK](#) to review videos and written instructions for fixing common technical issues from home.

### **Schoology for Guardians**

Access to Schoology for parents was emailed. If you missed the email, you can create an account on your own using the email address you registered your student with. For parents with existing accounts, following the forgot password process described on our website should reset the parent's Schoology password.

<https://www.fsd145.org/Page/2116>

### **Sponsored Internet Opportunity**

Freeport School District has partnered with [Comcast to provide Sponsored Internet to families in need](#). Qualifying families can receive a promo code from FSD145 Technology Department that allows them to sign up for Comcast Internet Essentials and have Freeport School District pay for their service. Contact information is provided on the last page.

### **Feedback & Questions**

If you have missed our weekly communications to families, you can read them here. [Weekly Community Communications](#). Please call your student(s)'s schools with any questions or concerns.

Thank you for your continued support and partnership. Please reach out to us with any questions.

*Dr. Anna Alvarado*  
Superintendent of Schools

**GRAB-N-GO MEAL ORDERING & PICK-UP  
FOR A/B STUDENTS (7-12) AND REMOTE LEARNERS**

<p>GROUP A (Monday &amp; Thursday) Grades 7-12</p>	<p>GROUP B (Tuesday &amp; Friday) Grades 7-12</p>	<p>REMOTE LEARNING BY CHOICE (5 days/week) Pre-K- 12</p>
<ul style="list-style-type: none"> <li>● Will receive meals for Tuesday, Wednesday and Friday</li> <li>● 3 Breakfast and 3 Lunches</li> <li>● Saturday Morning Pick up from 9:00 AM – Noon</li> <li>● The next Saturday pick-up for Grab and Go is on October 10.</li> <li>● Location: FHS / on Empire St. Entrance Door O</li> </ul>	<ul style="list-style-type: none"> <li>● Will receive meals for Monday, Wednesday and Thursday</li> <li>● 3 Breakfast and 3 Lunches</li> <li>● Saturday Morning Pick up from 9:00 AM – Noon</li> <li>● The next Saturday pick-up for Grab and Go is on October 10.</li> <li>● Location: FHS / on Empire St. Entrance Door O</li> </ul>	<ul style="list-style-type: none"> <li>● Will receive meals for 5 days.</li> <li>● 5 Breakfasts and 5 Lunches</li> <li>● Meal pick up once a week on Saturdays at FHS from 9 AM-noon</li> <li>● Parents who cannot pick up meals will have the option of having meals delivered to them by the Transportation Dept. on Saturday mornings.</li> <li>● To utilize our meal delivery service, during registration for remote learning you will need to indicate the need for drop-off.</li> <li>● If you are not signed up and are now unable to pick up meals on Saturday you may sign up for delivery by contacting Transportation at 815-232-0580. A week's advance notice is required before your first delivery will be scheduled.</li> <li>● NDS staff members will ride the bus with the driver to pass meals out and complete proper meal counting.</li> <li>● October 10, is the next pick up or drop off day for meals: Pick-up Location: FHS / on Empire St. Entrance Door O</li> <li>● If you signed up for food drop off, please make sure someone is home to receive the meals.</li> <li>● If your student is returning back to school and will not be remote learning anymore, meals will not be delivered or passed out to your student on Saturday.</li> </ul>

## **Procedures for Meal Pick Up on Saturdays**

Families will enter into FHS staff parking (by practice football field) park in a parking spot, pop their trunk open, place a mask on their face and wait for a NDS staff member to approach their vehicle. NDS staff will then approach the vehicle with a mask on and ask the following questions:

1. What school(s) is (are) your student(s) enrolled?
2. If they answer FMS or FHS, we will verify which group they are in. Group A or Group B.
3. Number of students will be verified, an NDS staff member will radio the kitchen with the quantity needed for both breakfast and lunch with a parking spot number.
4. NDS kitchen staff members will bring out complete reimbursable meals, place it into the car trunk and close it.
5. Meal counting will take place as we verify student information, a Surface tablet will be used for our mobile point of sale meeting ISBE requirements.

## **INTERNET ESSENTIALS**



Internet access has become a much needed service over the last few months and will continue to be into the future.

FSD families may qualify for District sponsored internet service. To determine eligibility and sign-up, please contact our Technology Department at  
**(815) 232-0569**