

4/1/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (firstname.lastname@fsd145.org).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

[April 1st](#)

[April 2nd](#)

[April 3rd](#)

[April 6th](#)

[April 7th](#)

[April 8th](#)

Remote Learning Activities for Students

2nd Grade -- April 1st

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Money Collect change such as pennies, nickels, dimes and quarters. Use different coins to make different amounts of money such as 25c, 38c, 47c, 52c, 79c and so on. Count the total amount of change.</p> <p>MINUTE TO WIN IT STACK IT UP Need 25 pennies and a timer Using one hand try and see how many pennies you can stack in one minute.</p>	<p>April Fool's Day is always April 1st. It is a silly holiday. It's not a national holiday, but it is a fun one. In fact, other countries celebrate too! What would you like to do for April Fool's Day? Will you fool or be fooled?</p> <p>Write a story with complete sentences and tell us who you will fool or will be fooled by. When will the prank happen and how will you make it happen? How did it make you feel?</p> <p>Draw a picture of the prank.</p> <p>Don't forget to add capital letters, spacing between words and use appropriate punctuation.</p>	<p>Fill a drinking glass $\frac{3}{4}$ full of water. Place the egg into the glass. What happens? Fill another drinking glass $\frac{3}{4}$ full of water. Add 3 TB salt and stir until combined. Place the egg into the glass. What happens?</p> <p>Why did the salt make a difference?</p> <p>Other options:</p>	<p>Make a Spring craft!</p> <p>Work on math at home. https://www.mathlearningcenter.org/home-learning</p> <p>Schools may be closed, but math learning can continue! The Math Learning Center is providing free resources for all students to use independently or with support from family members or educators.</p>
Activity 2 and Instructions	<p>Challenge: Parents create a menu of snacks with a monetary value.</p> <p>Give chores a monetary value. Have your child complete chores to earn enough money to have the snack of their choice. The harder the chore, the greater the snack! Real life connections!</p>	<p>How many different words can you make using the letters from "April Fool's Day?" https://www.youtube.com/results?sp=mAEB&search_query=april+fools+day+read+aloud</p> <p>These are different levels of books that are read out loud. They all include the topic of April Fool's Day.</p>	<p>https://www.buzzfeed.com/kasiagalazka/things-you-can-do-with-eggs-besides-coloring-them</p>	

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages activity pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 1st (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 1	Activity Expansion (videos/digital links)
Activity Title:	Identifying Emotions	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will begin a journal that helps to identify and reflect emotions.	Links: Watch: The Way I Feel
Materials:	Paper and pencil	https://www.youtube.com/watch?v=ITPUxVQ6UIk
Activities and Instructions:	Keep a journal today. Jot down anything that makes you feel an emotion. Start labeling them using words like "pleasant," "happy," "irritated," or "angry." Encourage your child to journal about feelings outside of the SEL Activity.	**Have your child name different emotions they see/hear in the video. Ask them how they would handle that emotion.
Check for Understanding:	The student creates a journal entry identifying and/or reflecting emotion. Read a journal entry with your child, check and see if your child has correctly identified emotions.	

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 1st (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
ActivityTitle:	Found Object Sculpture	April 1-8 Musical Choices	Movement Challenge
Materials:	Objects found around the house, pencil and paper	crayons, paper	none
Activity and Instructions:	<ol style="list-style-type: none"> 1. Using materials found around your house to create a sculpture. <ol style="list-style-type: none"> a. Remember a sculpture is something that takes up space 2. Draw a picture of what you created using a pencil and paper. 3. If you are able and would like to color in your picture. 	<p>Option 1: Play a song that you like to dance to and move to the beat! Try different “steady beat” dance moves like walking, marching, jumping, climbing, running, galloping, sliding, leaping, hopping and skipping</p> <p>Option 2: Choose a favorite rhyming story or poem and tap the “steady beat” as you read or someone reads aloud to you. If someone reads to you, try to walk to the beat of the words! Dr. Seuss books are great for this! Here’s an example to get you started: Hey diddle diddle, the cat and the fiddle, The cow jumped over the moon. The little dog laughed to see such fun And the dish ran away with the spoon!</p> <p>Option 3: Grab some crayons and paper and write your own rhythm pattern song using combinations of ta, ti-ti, sh (). Say it or clap it for someone in your house to show them how creative you are.</p> <p>If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Can you stay moving for 25 minutes?</p> <p>Things you can do....walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class.</p> <p>Things you can’t do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 2nd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Greater Than, Less Than, Equal to On 3 separate pieces of paper, draw one symbol on each (greater than >, less than <, and = sign). Find various objects around your house (ex: Legos, shoes, rocks, leaves, balls, cars, etc.) Group them together by object and count how many you have of each. Place a symbol between different groups that accurately shows the comparison.</p> <p>Write down your answers on a piece of paper. Make sure you label the numbers with what object it represents so you remember what groups you compared. See how many comparisons you can make.</p>	<p>Choose any fiction or nonfiction text to read. After reading the story, you will go on a word hunt in your book. Look for VERBS. Verbs are words that show action like: <i>run, eat, draw, sleep, clap</i>. Make a list of verbs on a paper plate or piece of paper. Look for NOUNS. Nouns are a person, place, thing, or idea like: <i>boy, house, ball, school, mom, McDonald's</i>. Put the list of nouns on a paper plate or piece of paper.</p> <p>You can do this activity without a book as well. Walk around your house and find Nouns and Verbs. If you use a paper plate, use both sides and write with markers or colored pencils for fun.</p>	<p>Sinking Ship <i>Focus-</i> Buoyancy: The force that makes something float. Materials: Sheet of aluminum foil, coins, sink/bathtub/ bowl of water Instructions: Create a ship from a sheet of aluminum foil. Design it so it can float. What would happen if you added some coins to your ship? How many coins would it take to sink the floating ship? Will your ship float again without the treasure? Can you design a different ship that is more buoyant?</p> <p>Extension- When the ship sinks, count the coins - what is the value of your sunken treasure?</p> <p>Experiment using different coins.</p>	<p>Signs of Spring</p> <p>Take a walk around your yard or take a look out of each of your windows. Can you find the following signs of spring? Record your observations with sentences and/or pictures.</p> <ul style="list-style-type: none"> • Buds on trees • Robins • A bird's nest • Flowers sprouting • Birds chirping • Wind rustling • Spring rains • Worms after a rain • insects
Activity 2 and Instructions	<p>Measurement Find an object to use as your measuring tool (Ex: spoon, fork, unsharpened pencil). On a piece of paper, make three columns and label them: "Shorter than", "Longer than", and "Equal to". At the top, write what you are using as your measuring tool. Go around your house and find objects that fit into the different categories. Try and fill each column completely. Estimating Extension: in a different color, write down objects you <i>think</i> will fit in each category. Use a new color when writing down where items actually go. See which ones you got correct!</p>	<p>Narrative Writing You stumble upon a secret door inside your house that you have never seen. Write about what you see when you open that door. Use adjectives, describing words, to tell the reader what it looks like. What happens after you go inside? Use transition words like: <i>First, then, next, and finally</i> to explain your adventures inside the secret room. When you are finished, read your story to yourself out loud. Did it sound right? Do you have capital letters and punctuation marks? Edit your work. Draw your secret room and read it to your family.</p>		

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages activity pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 2nd (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 2	Activity Expansion (videos/digital links)
Activity Title:	Being Grateful for Big and Little Things	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to understand why and how they can be thankful for big things and little things in their lives.	Watch the story: <u>The Giving Tree</u> by Shel Silverstein https://www.youtube.com/watch?v=XFQZfeHq9wo
Materials:	Crayons, paper and pencil	**Have your child tell you what big and little things the boy and the tree were grateful for.
Activities and Instructions:	<p>1. Ask: What is something big you're grateful for? Why?</p> <p>Give examples and write responses on a sheet of paper. Keep them as a reminder. Examples of big things can be: Your family, Your friends, Your home</p> <p>2. Ask: What is something little you're grateful for? Why?</p> <p>Give examples and write responses on a sheet of paper. Keep them as a reminder. Examples of little things can be: Cuddles from your dog or cat, When your parents or teachers surprise you with something that makes you happy</p> <p>3. Draw/color a picture of a big and little thing you're grateful for</p> <p>To check for understanding, have your child tell you one small and big thing they are grateful for. Do they match?</p>	



Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 2nd (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
ActivityTitle:	Nature Sculptures or Designs	April 1-8 Musical Choices	Movement Challenge
Materials:	Natural objects--twigs, leaves, rocks, etc.	crayons, paper	none
Activity and Instructions:	<p>Go on a nature walk or hunt in your area. Gather natural materials--twigs, leaves, flower petals, rocks, whatever you find that is okay to take.</p> <p>Option 1: Create an interesting design through creating patterns of different colors, shapes, textures, etc. If you are able, look up the art of Andy Goldsworthy to see how this artist uses natural materials in his art.</p> <p>Option 2: Create a sculpture (art that is not flat) with the materials that you found on your nature hunt.</p> <p>If you are able, take a photo and email it to your art teacher!</p> 	<p>Option 1: Play a song that you like to dance to and move to the beat! Try different “steady beat” dance moves like walking, marching, jumping, climbing, running, galloping, sliding, leaping, hopping and skipping</p> <p>Option 2: Choose a favorite rhyming story or poem and tap the “steady beat” as you read or someone reads aloud to you. If someone reads to you, try to walk to the beat of the words! Dr. Seuss books are great for this! Here’s an example to get you started: Hey diddle diddle, the cat and the fiddle, The cow jumped over the moon. The little dog laughed to see such fun And the dish ran away with the spoon!</p> <p>Option 3: Grab some crayons and paper and write your own rhythm pattern song using combinations of ta, ti-ti, sh (). Say it or clap it for someone in your house to show them how creative you are.</p> <p>If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Can you stay moving for 25 minutes? Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class. Things you can’t do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 3rd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge								
<p>Activity 1 and Instructions</p>	<p>Arrays</p> <p>Make 3 different arrays out of items found around the home (ex. cereal, rocks, marshmallows, corn, coins, ect.) If possible glue your items to a piece of paper. If you do not have glue, draw a picture of your arrays. Be sure to write 2 equations for each array. First for the rows and then for the columns.</p> <p>An example of an array (it has an even rows and columns):</p>  <p>In Rows: $6+6+6=24$</p> <p>In Columns: $4+4+4+4+4+4=24$</p>	<p>Be A Word Detective</p>  <p>Students will search for words in books, newspapers, food labels, magazines, etc. that have a vowel team. A vowel team has two vowels together that make one sound. Examples of vowel teams to look for include: ai, ay, ea, ee, ey, oa, ow, oe, ue...train, cheese, spray, key.</p> <p>Make a list of 25-30 words. Then on a piece of paper, make a chart with 4 columns and sort your word list by their long vowel sounds.</p> <table border="1" data-bbox="711 1045 933 1333"> <tr> <td>a</td> <td>e</td> <td>o</td> <td>u</td> </tr> <tr> <td> </td> <td> </td> <td> </td> <td> </td> </tr> </table>	a	e	o	u					<p>I Spy</p> <p>Materials are the stuff that things are made of. Materials have properties which include how something smells, looks, tastes, feels, and sounds.</p> <p>You and a family member will take turns thinking of an object in your house or outside. You will describe its properties without saying what it is. The other person will try and guess what the object is.</p> <p>Examples:</p> <ul style="list-style-type: none"> - red, crunchy, juicy, fruity (apple) - white, liquid, drinkable (milk) - clear, smooth, solid, made of glass (window) 	<p>Running out of ideas to keep busy? Try "Cloud Dough"! It feels amazing and is relatively clean and easy to make :)</p> <p><u>Ingredients:</u></p> <ul style="list-style-type: none"> - 2 cups of cornstarch - 1 cup of baby lotion - Food dye/ essential oils (optional) <p>When you finish, write down as many properties as you can to describe how it looks, feels, etc.</p> 
a	e	o	u									
<p>Activity 2 and Instructions</p>	<p>Even & Odd</p> <p>For each array that you make, figure out the total number of objects. Then decide if the total is even or odd.</p> <p><u>Remember:</u> Even numbers end in 0, 2, 4, 6, or 8</p> <p>Odd numbers end in 1, 3, 5, 7, or 9</p>	<p>Opinion Writing</p> <p>Which is better, playing outside or playing inside? Write an opinion piece, answering the question.</p> <p>Make sure to include an introduction, at least 3 reasons to support your opinion, and a conclusion.</p> <p>Use transition words such as: First, Next, Also, Then, Finally, etc.</p>										

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 3rd (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 3	Activity Explanation (videos/digital links)
Activity Title:	Skills for Learning	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to use their Listening Skills to practice focusing their attention.	
Materials:	Paper and pencil	
Activities and Instructions: 	<ol style="list-style-type: none"> 1. Using Skills for Learning helps you be a better learner. <ul style="list-style-type: none"> - Eyes are watching - Ears are listening - Voices Quiet - Body Calm/Still 2. When you've focused your attention, you're ready to listen and learn. 3. Together, choose a room in your house where you will hear a lot of different sounds, from both inside and outside. 4. Adult and child, prepare to focus your attention and listen to the sounds in the environment for one minute. Begin! 5. When the minute is up, fold a paper in half and take turns writing down all the sounds you heard and remembered 6. Compare your lists. Are many of the sounds the same or different? 7. Discuss what helped you focus your attention, listen, and remember what you heard <p>To check for understanding, have your child retell/recall the 4 skills for learning.</p>	<p>Watch the story:</p> <p><u>The Listening Walk</u> by: Paul Showers</p> <p>https://www.youtube.com/watch?v=BLs4r8IHUSg</p> <p>**Go on an actual listening walk with your child. Once home, have your child write or draw what they heard on the walk.</p>

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 3rd (Electives)

The columns below offer choices for student activities.

	Art	Music	PE																										
Activity Title:	Nature Name	April 1-8 Musical Choices	Name Exercise																										
Materials:	Paper & Glue (optional)	crayons, paper	None																										
Activities and Instructions:	<p>Students will go outside and take a nature walk. They will collect loose objects from nature and assemble them to create their name.</p> <p><u>Example:</u></p> 	<p>Option 1: Play a song that you like to dance to and move to the beat! Try different “steady beat” dance moves like walking, marching, jumping, climbing, running, galloping, sliding, leaping, hopping and skipping</p> <p>Option 2: Choose a favorite rhyming story or poem and tap the “steady beat” as you read or someone reads aloud to you. If someone reads to you, try to walk to the beat of the words! Dr. Seuss books are great for this! Here’s an example to get you started: Hey diddle diddle, the cat and the fiddle, The cow jumped over the moon. The little dog laughed to see such fun And the dish ran away with the spoon!</p> <p>Option 3: Grab some crayons and paper and write your own rhythm pattern song using combinations of ta, ti-ti, sh (). Say it or clap it for someone in your house to show them how creative you are.</p> <p>If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Complete the activities that go with each letter of your first and last name. Click here.</p> <table border="0"> <tr> <td>A jump up & down 10 times</td> <td>N pick up a ball without using your hands</td> </tr> <tr> <td>B spin around in a circle 5 times</td> <td>O walk backwards 50 steps and skip back</td> </tr> <tr> <td>C hop on one foot 5 times</td> <td>P walk sideways 20 steps and hop back</td> </tr> <tr> <td>D run to the nearest door and run back</td> <td>Q crawl like a crab for a count of 10</td> </tr> <tr> <td>E walk like a bear for a count of 5</td> <td>R walk like a bear for a count of 5</td> </tr> <tr> <td>F do 3 cartwheels</td> <td>S bend down and touch your toes 20 times</td> </tr> <tr> <td>G do 10 jumping jacks</td> <td>T pretend to pedal a bike with your hands for a count of 17</td> </tr> <tr> <td>H hop like a frog 8 times</td> <td>U roll a ball using only your head</td> </tr> <tr> <td>I balance on your left foot for a count of 10</td> <td>V flap your arms like a bird 25 times</td> </tr> <tr> <td>J balance on your right foot for a count of 10</td> <td>W pretend to ride a horse for a count of 15</td> </tr> <tr> <td>K march like a toy soldier for a count of 12</td> <td>X try and touch the clouds for a count of 15</td> </tr> <tr> <td>L pretend to jump rope for a count of 20</td> <td>Y walk on your knees for a count of 10</td> </tr> <tr> <td>M do 3 somersaults</td> <td>Z do 10 push-ups</td> </tr> </table>	A jump up & down 10 times	N pick up a ball without using your hands	B spin around in a circle 5 times	O walk backwards 50 steps and skip back	C hop on one foot 5 times	P walk sideways 20 steps and hop back	D run to the nearest door and run back	Q crawl like a crab for a count of 10	E walk like a bear for a count of 5	R walk like a bear for a count of 5	F do 3 cartwheels	S bend down and touch your toes 20 times	G do 10 jumping jacks	T pretend to pedal a bike with your hands for a count of 17	H hop like a frog 8 times	U roll a ball using only your head	I balance on your left foot for a count of 10	V flap your arms like a bird 25 times	J balance on your right foot for a count of 10	W pretend to ride a horse for a count of 15	K march like a toy soldier for a count of 12	X try and touch the clouds for a count of 15	L pretend to jump rope for a count of 20	Y walk on your knees for a count of 10	M do 3 somersaults	Z do 10 push-ups
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Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 6th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>Find an Analog clock. Practice telling time to the minute, and use a.m. and p.m. Ask your student what time they would do the following:</p> <ul style="list-style-type: none"> • Wake up • Eat breakfast • Brush your teeth • Eat lunch • Eat dinner • Bed time <p>Here is a resource if you wish to create your own Analog clock. https://docs.google.com/document/d/1vdJYbc4GI1QE5sW0_FtaVEHj6S45JQ4I0IPtY51b5Z8/edit</p>	<p>Start a personal journal to record their thoughts during this time. Have them tell about the highlights of their day, the things they miss, and other thoughts. Try to remember capital letters and punctuation marks. Then encourage them to make quick drawings to show feelings.</p>	<p>Create your own animal. What does your animal look like? What does your animal eat? Where does your animal live? Describe your animal's habitat. Make sure you draw a picture of your animal to go with your writing.</p>	<p>Create your own superhero. Your superhero needs a name and super powers. Describe your superhero and draw a picture to go with your description.</p>
Activity 2 and Instructions	<p>Count aloud by 5's, 10's, and 100's, starting at different numbers (280, 15, 40, etc.)</p>	<p>Read to someone or independently for 20 minutes. Pick your favorite character and write three sentences about why you like that character.</p> <p>Visit this website if you would like to read and do activities online. https://classroommagazines.scholastic.com/support/learnathome/grades-1-2.html</p>		

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages activity pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 6th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 4	Activity Expansion (videos/digital links)
Activity Title:	Empathy	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to demonstrate empathy by showing compassion for others.	Watch the story/video: <u>Last Stop on Market Street</u> by: Matt De La Pena https://www.youtube.com/watch?v=H0Tr66OrEWA
Materials:	Paper and Pencil	**Recreate this image on a sheet of paper (any kind). Have your child fill out.
Activities and Instructions:	 <ol style="list-style-type: none"> Review that compassion is showing concern or care for others. Ask, What are ways you have shown compassion to others at school? Acknowledge and praise your child demonstrating compassion for others... Give an example of how you have shown compassion at home. Ask your child how he/she could show empathy at home. Options: <ul style="list-style-type: none"> This could be just a discussion As your child shows compassion he/she could trace their hand and write how they showed compassion inside the hand As your child uses kind words he/she could draw a speech bubble and write the kind words inside the speech bubble. Display their acts of compassion. 	 <p>Play the empathy game via youtube: Empathy Game</p>
Check for Understanding:	To check for understanding, watch for your child to show acts of compassion.	

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 6th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Found Shapes	April 1-8 Musical Choices	Trick Shot
Materials:	5 objects from home, paper, coloring materials	crayons, paper	1 cup and 1 ball that fits in the cup
Activity and Instructions:	Find 5 small objects from home. Lay these objects down on a piece of paper in an interesting way. Trace all five objects onto your paper and color them in with fun colors and patterns.	<p>Option 1: Play a song that you like to dance to and move to the beat! Try different “steady beat” dance moves like walking, marching, jumping, climbing, running, galloping, sliding, leaping, hopping and skipping</p> <p>Option 2: Choose a favorite rhyming story or poem and tap the “steady beat” as you read or someone reads aloud to you. If someone reads to you, try to walk to the beat of the words! Dr. Seuss books are great for this! Here’s an example to get you started: Hey diddle diddle, the cat and the fiddle, The cow jumped over the moon. The little dog laughed to see such fun And the dish ran away with the spoon!</p> <p>Option 3: Grab some crayons and paper and write your own rhythm pattern song using combinations of ta, ti-ti, sh (). Say it or clap it for someone in your house to show them how creative you are.</p> <p>If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Try to create and make a challenging trick shot by bouncing the ball off of walls, steps, or other objects. Points will be awarded for the number of times the ball bounces and the distance from the cup.</p> <p>Points</p> <p>Distance: 1 point for each heel to toe step away from the cup</p> <p>Bounces: 2 points for every bounce the ball takes before landing in the cup</p> <p>Points only count if the ball lands in the cup.</p> <p>See how many points you can get into one shot or challenge a family member!</p>

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 7th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
Activity 1 and Instructions	<p>FRACTIONS:</p> <p>Draw 4 squares and 4 rectangles. Draw lines to separate them into equal parts of halves, thirds, fourths, and fifths. Shade in one whole, one half, one third, two thirds, one fourth, three fourths, two fifths, and four fifths. Label each with the correct fraction writing it as $\frac{1}{2}$, $\frac{1}{4}$, $\frac{1}{3}$, $\frac{2}{3}$, $\frac{3}{4}$, $\frac{2}{5}$, $\frac{4}{5}$, and 1 whole.</p>	<p>Read for 20 minutes.</p> <p>SYLLABLES:</p> <p>Using any text, find words that have one, two, and three syllables. Make a three column chart and write those words in the correct syllable column. Find 5 or more words for each column.</p> <p>Choose 5 of the words from your syllable chart. Write sentences using them correctly. If you do not know the meanings, look them up in a dictionary. It's always good to learn new words! Write sentences with 7 or more words that have details and are interesting! **Remember capitalization and punctuation.**</p>	<p>NEEDS and WANTS: Make a two column chart and label them Needs and Wants. Write 4 or more in each column. Circle the ones you are getting. Talk about how your needs are being met during social distancing and how your wants are not necessary.</p> <p>WATER CYCLE: Learn about the water cycle and do a fun experiment!</p> <p>Rookieparenting.com</p> <p>"Rookie Parenting Science Simple Water Cycle in a Bag Experiment".</p>	<p>Look up 2 unknown words in a dictionary. Learn the meaning(s). Use these words in your conversations throughout the days. Write sentences using the words correctly. Draw a picture to illustrate the meaning(s) of the words.</p>
Activity 2 and Instructions	<p>CHALLENGE:</p> <p>Draw a triangle, trapezoid, parallelogram, pentagon, and hexagon. Draw lines to separate them into 2, 3, or 4 equal parts.</p> <p>Khanacademy.org has more learning with fractions and so much more!</p>	<p>OPINION WRITING:</p> <p>After reading a book you enjoyed, write an opinion paragraph explaining why you liked the book. Include a topic sentence, three or more reasons/ sentences, and a conclusion sentence. **Remember capitalization and punctuation.**</p> <p>Myon.com and getepic.com are great resources for reading material.</p>		

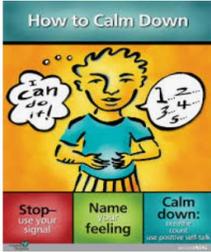
Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages activity pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 7th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 5	Activity Expansion (videos/digital links)
Activity Title:	Emotional Management	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to practice strategies that will help them to calm down when they feel strong emotions.	Watch the video/song/dance: The Calm it Down Dance:
Materials:	None needed	https://www.youtube.com/watch?v=P8TliPQNfsc
Activities and Instructions:	 <p>1. Review the steps that you can use to help you calm down when you feel strong feelings.</p> <ol style="list-style-type: none"> 1. Stop—use your signal 2. Name your feeling 3. Calm down: <ul style="list-style-type: none"> • Breathe • Count • Use positive self-talk <p>2. Read “How to Belly Breathe”</p> <p>How to Belly Breathe:</p> <ul style="list-style-type: none"> ➢ Focus your attention on your breathing. ➢ Take a breath that makes your tummy move out when you breathe in, and in when you breathe out. ➢ Breathe in slowly through your nose and out slowly through your mouth. It should be so quiet that you can hardly hear it. <p>3. Practice together.</p> <p>4. Pick a feeling from the list below: Annoyed, Frustrated, Worried, Discouraged, Scared</p> <p>5. Think of a time you felt that feeling in a strong way.</p> <p>6. Say a stop signal and name the feeling. (For example: “Chill! I feel worried.”)</p> <p>7. Do some belly breathing to calm down then try another feeling.</p> <p>To check for understanding, look for your child to use the calm down technique when experiencing strong feelings.</p>	**Role-play with your child on different emotions and remind them what strategies to use (reinforce).

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 7th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Trace favorites	April 1-8 Musical Choices	Movement Challenge
Materials:	Pencil, found objects, paper	crayons, paper	none
Activity and Instructions:	<ol style="list-style-type: none"> 1. Find 5 items you would like to trace. 2. Arrange items on the paper to make a scene. 3. Using your pencil, trace (go around the outer portion of the item.) one object at a time 4. Add details showing eyes, nose, mouth, logos, belts, etc. 5. Add a background to show where the items are at. 6. Challenge: Add lots of details and color if possible. 	<p>Option 1: Play a song that you like to dance to and move to the beat! Try different “steady beat” dance moves like walking, marching, jumping, climbing, running, galloping, sliding, leaping, hopping and skipping</p> <p>Option 2: Choose a favorite rhyming story or poem and tap the “steady beat” as you read or someone reads aloud to you. If someone reads to you, try to walk to the beat of the words! Dr. Seuss books are great for this! Here’s an example to get you started: Hey diddle diddle, the cat and the fiddle. The cow jumped over the moon. The little dog laughed to see such fun. And the dish ran away with the spoon!</p> <p>Option 3: Grab some crayons and paper and write your own rhythm pattern song using combinations of ta, ti-ti, sh (). Say it or clap it for someone in your house to show them how creative you are.</p> <p>If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Can you stay moving for 25 minutes? Things you can do...walk, run, jog, jumping jacks, pushups, situps, pick up room, tag games, play any other games we’ve learned in class. Things you can’t do...sit still, lay down, sleep.</p> <p>Are you up for the challenge? This activity can be done outside if the weather is nice.</p>

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 8th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)										
<p>Activity 1 and Instructions</p>	<p>Look around your house. Grab 3 to 5 things (of different size) from the pantry. Put them in order from small to big, then big to small. Draw a detailed picture to show your work.</p> <p>Challenge: Can you pick 10 things and put them in order from smallest to biggest? Then biggest to smallest.</p> <p>Draw a picture to show your work!</p>	<p>On a piece of paper, make the chart below with 5 columns.</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>AR</td> <td>ER</td> <td>IR</td> <td>OR</td> <td>UR</td> </tr> <tr> <td>car</td> <td>herd</td> <td>bird</td> <td>horn</td> <td>burn</td> </tr> </table> <p>Come up with 5 more words that have the same r-controlled sound as the example.</p> <p>Remember r-controlled (bossy R) words are words with ir, or, ar, er, and ur in them.</p> <p>Pick 3-5 of the words to write in a sentence.</p> <p>This is a link to a r-controlled words video if you have internet access. https://www.youtube.com/watch?v=IQicsRoCIQs</p>	AR	ER	IR	OR	UR	car	herd	bird	horn	burn	<p>Draw a map of your house and label the rooms in your house as best you can.</p> <p>Challenge: Pick one item in your house and use relative location words (across from, next to, under, above) to describe its location.</p> <p>This is a puzzle map of the U.S. Choose the easy setting. https://www.abcy.com/games/usa_geography_puzzle_map</p>	<p>Reading/Writing: Listen to the following book. https://www.youtube.com/watch?v=6s7aSNJCKiM</p> <p>Write what you would do if a dragon moved into your house.</p>
AR	ER	IR	OR	UR										
car	herd	bird	horn	burn										
<p>Activity 2 and Instructions</p>	<p>Pick a food item with a label. Look at the back of a food box. Write the numbers down that you see on the label. Put them in order from least to greatest, and then greatest to least.</p> <p>Challenge: Try to solve a two-digit or three-digit addition problem with these numbers.</p>	<p>Writing Make a grocery list for the food you'd need for your favorite meal. Why is this your favorite meal? Use words to describe how it tastes and smells, and how you cook it.</p> <p>Draw a picture to go with your writing. Include labels with your picture!</p>												

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages activity pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 8th (SEL)

The columns below offer choices for student activities.

	SEL Activity Day 6	Activity Expansion (videos/digital links)
Activity Title:	Who is Safe to Ask for Help	Below you will find websites/video links to support the activity. Use if you have internet access/data.
Objective:	Students will be able to identify who's a safe person to go to in a time of need.	Watch the following story: Once Upon a Dragon: Stranger Safety for Kids (and Dragons)
Materials:	Paper and pencil (glue optional)	https://www.youtube.com/watch?v=DeQhXMYybpq
Activities and Instructions: 	<ol style="list-style-type: none"> Sketch out a leafless tree. Cut out leaves. Give examples of scenarios that may be unsafe and that should be reported to a trusted adult. These can be: <ul style="list-style-type: none"> - A stranger with a cute puppy calling you over - Someone touching your body in a way that makes you uncomfortable - A friend asking you to come over without permission Then, discuss with your child who they might be able to talk to. Have children list the names of adults they can go to for help on the leaves Glue the names to the branches of their trees. <p>To check for understanding, have your child identify several safe adults they can go to in time of need.</p>	<p>**You and your child come up with a plan if a stranger were ever to approach you. What would you do? Say? Act?</p>

Parent Signature: _____

Remote Learning Activities for Students

2nd Grade -- April 8th (Electives)

The columns below offer choices for student activities.

	Art	Music	PE
Activity Title:	Superhero Self	April 1-8 Musical Choices	Level 1 Workout
Materials:	Paper of any kind, any coloring materials	crayons, paper	Use this clip and follow along to the workout.
Activity and Instructions:	<p>Create yourself as a superhero. First decide what your superpower will be? What should your costume look like? What colors should you use? Draw yourself in your Hero costume performing your superpower. Think about where you are located in your drawing. Are you flying in the sky? Are you in a city throwing something heavy? Are you at a store fighting a bad guy? Color in your drawing.</p>	<p>Option 1: Play a song that you like to dance to and move to the beat! Try different “steady beat” dance moves like walking, marching, jumping, climbing, running, galloping, sliding, leaping, hopping and skipping</p> <p>Option 2: Choose a favorite rhyming story or poem and tap the “steady beat” as you read or someone reads aloud to you. If someone reads to you, try to walk to the beat of the words! Dr. Seuss books are great for this! Here’s an example to get you started: Hey diddle diddle, the cat and the fiddle, The cow jumped over the moon. The little dog laughed to see such fun And the dish ran away with the spoon!</p> <p>Option 3: Grab some crayons and paper and write your own rhythm pattern song using combinations of ta, ti-ti, sh (). Say it or clap it for someone in your house to show them how creative you are.</p> <p>If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com/</p>	<p>Use this clip: Follow along to the instructions on the screen! https://youtu.be/L_A_HjHZxfl</p>

Parent Signature: _____