

5/7/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (firstname.lastname@fsd145.org).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

[May 7](#) [May 11](#) [May 18](#) [Social Emotional Learning \(SEL\)](#)
[May 8](#) [May 12](#) [May 19](#) [Electives](#)
[May 13](#)
[May 14](#)
[May 15](#)

1st Grade			5/7/20 - 5/20/20
Theme(s)	ELA Skills Focus	Math Skills Focus	Other Skills Focus
Transportation/Travel: 5/7-5/13	Summarizing & Sight Words	Tens & Ones, Comparing, & Math Fact Fluency	Geography & Energy Waves
Community People, Places, & Things: 5/14-5/20	Main Details & Sight Words	Ten More/Ten Less, +20/-20, etc., & Math Fact Fluency	Economics, Citizenship, & Construction

Remote Learning Activities for Students

1st Grade -- May 7th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge				
<p>Activity 1 and Instructions</p>	<p><u>Number Patterns</u> Write your numbers 1-120. Circle all the even numbers with a red crayon, all the 10s numbers blue, and all the numbers you count by 5s (5, 10, 15, 20, etc) in green. What do you notice? Write a few sentences to explain what you see.</p>	<p><u>Story Starter:</u> He rounded the corner quickly—and collided head-first with the new school principal. “I’m not so sure we should go in there...” he said. It was the third week in a row that Dylan hadn’t cleaned his room. She was about to get in a lot of trouble, until... Finish the story of your choice and illustrate it!</p>	<p><u>Science:</u> Some light just happens and some light is made by humans. Look at the diagram below and sort the pictures by “Natural Light” and “Artificial Light.”</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p style="text-align: center; margin: 0;">Name _____</p> <p style="text-align: center; margin: 0;">LIGHTS ON! </p> <p style="text-align: center; font-size: small; margin: 0;">Sort the different kinds of lights into two groups: natural light and artificial light.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%; text-align: center;">NATURAL LIGHT</th> <th style="width: 50%; text-align: center;">ARTIFICIAL LIGHT</th> </tr> </thead> <tbody> <tr> <td style="height: 80px;"></td> <td style="height: 80px;"></td> </tr> </tbody> </table> </div> <div style="display: flex; justify-content: center; gap: 10px; margin-top: 10px;"> </div>	NATURAL LIGHT	ARTIFICIAL LIGHT			<p><u>Gratitude Letter:</u> Write a letter of gratitude or make a poster for an essential worker (doctors, nurses, mail carrier, grocery store worker, etc) and put it in your window or mail the letter to the hospital, fire/police station, or business.</p> <p><u>Mother’s Day</u> Create a coupon book for your mom or guardian for Mother’s Day. (Clean off the table, fold laundry, make breakfast, clean the house). Draw a picture of you and your mom and give it to her on Mother’s Day (12th).</p>
NATURAL LIGHT	ARTIFICIAL LIGHT							
<p>Activity 2 and Instructions</p>	<p><u>Word Problems.</u> You have 7 balloons and your friend has 5 balloons. How many more balloons do you have than your friend? You have 5 pieces of candy. Your mom gives you 3 more, but your brother eats one of them. How many pieces of candy do you have left? Solve by drawing a picture and write an equation to show your answer</p>	<p>Have your child pick 10 words and write them in a sentence.</p> <p>our about out down now how many any each between</p>						

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- May 8th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p><u>Tens & Ones</u></p> <p>Write down the numbers 10, 17, 25, 33, 47, 51, 68, 72, 89, 94 on a piece of paper. Look at each number and underline the tens and circle the ones. Then determine how many tens and ones are in each number. For example the number 25 has 2 tens and 5 ones.</p> <p style="text-align: center;">(NBT.1.2)</p>	<p><u>Summarizing</u></p> <p>Read a story and then roll a dice to retell the story. If you roll:</p> <ol style="list-style-type: none"> 1.) What is the story about 2.) Who are the main characters 3.) Where does the story take place? 4.) When does the story take place 5.) What happened at the beginning, middle, end? 6.) What questions do you have about the story? <p style="text-align: center;">(RL.1.2)</p>	<p><u>Social Studies</u></p> <p>Have students create a map of their neighborhood. Have them include landmarks, streets, and their house. When students are done creating the map, talk about how transportation can help us in the community. Also discuss how a map of our state or country might look different than the map of your neighborhood.</p> <p style="text-align: center;">(SS.G.1)</p>	<p><u>Free Choice</u></p> <p>- Choose from previous remote learning activities you might not have gotten to.</p> <p>- Visit Epic! to read some books. After each book, retell the story to somebody. Be sure to include key details and main characters!</p> <p>- Write addition and subtraction problems within 10, and practice solving them quickly.</p>
Activity 2 and Instructions	<p><u>Comparing</u></p> <p>Use food or candy like skittles, M&M's, chips, cereal, etc. Have your student grab a number of skittles, then you grab a number of skittles. Compare the two numbers using greater than, less than, or equal to.</p> <p style="text-align: center;">(NBT.1.3)</p>	<p><u>Sight Words</u></p> <p>Explore a book, magazine, or newspaper and have your student search for the following sight words:</p> <p>friend, none, another, write, down, little, new, day, door, both, time, world, take, hide, almost, home</p> <p style="text-align: center;">(RF1.3)</p>		

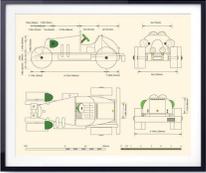
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Remote Learning Activities for Students

1st Grade -- May 11th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge										
Activity 1 and Instructions	<p><u>Build Tens & Ones</u></p> <p>1. Using items around the house, group them by 10s and 1s for the following numbers:</p> <p>14 21 12 37 28</p> <p>Items could include: food, office supplies, toys, hair items...</p> <p><u>Example:</u> 13 would look like: I - - - cereal 32 would look like: III - - crayons</p> <p>2. Compare 2 numbers using <, >, =</p> <p>*Remember the sign “opens-up” the mouth to the bigger number.</p> <p><u>Example:</u> 13 < 32 13 is less than 32</p> <p style="text-align: center;">(NBT.1.1 & 1.2)</p>	<p><u>Exploring a Book</u></p> <p>Find a book in your house that has a form of transportation in the illustrations. Read the book with someone and <u>retell</u> the text and how it connects to helping travel to a new location.</p> <p>-Find some of your trickier <u>sight words</u> in the text, spell aloud, or write in a sentence.</p> <p style="text-align: center;">(RL/RI.1.2 & RF.1.3)</p>	<p><u>Science:</u></p> <p>Construct your own form of transportation. Take a current form and make it better, could even be a toy you have at home or draw a type you like. Add your own items you would like to use or have for improvements, or create a new form of transportation altogether. Use legos, blocks, cardboard, recyclables, etc. Draw out your plan first and write why your improvements make it better.</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">  </div> <p style="text-align: center;">(ETS1-2)</p>	<p><u>Free Choice</u></p> <p>-Go to previous “Learning Plans” and pick items that you did not do or want to make better!</p> <p>-Visit your Clever and select Reading & Math Activities</p> <p>-Google these other ideas if needing more online components:</p> <p>*Scholastic “Learning at Home”</p> <p>*Read Alouds: https://www.storylineonline.net/</p> <p>*Math: https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1</p> <p>*Cosmic Kids Yoga</p> <p>*Virtual Field Trips</p> <p>*Artforkidshub</p>										
Activity 2 and Instructions	<p><u>Subtraction with Cards</u></p> <p>Face cards = 10 Aces = 1</p> <p>1. Flip over 2 cards and determine which number is greater.</p> <p>2. Set up the cards in a subtraction equation or write out on paper to solve. Ex. 9-3=6</p> <p>3. Practice through the deck.</p> <p style="text-align: center;">(OA.1.4 & 1.6)</p>	<p><u>Word Work</u></p> <p>Shape Writing: There are many road signs that have shapes. Draw those different shapes and write a word in each one!</p> <p><u>Example:</u></p> <div style="display: flex; justify-content: space-around; align-items: center;">      </div> <p>*Use these words or other unknown Trick Words from your lists.</p> <table style="margin-left: auto; margin-right: auto;"> <tr> <td>time</td> <td>both</td> </tr> <tr> <td>sky</td> <td>fun</td> </tr> <tr> <td>door</td> <td>rain</td> </tr> <tr> <td>paper</td> <td>much</td> </tr> <tr> <td>stay</td> <td>love</td> </tr> </table> <p style="text-align: center;">(RF.1.3)</p>	time	both	sky	fun	door	rain	paper	much	stay	love		
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Remote Learning Activities for Students

1st Grade -- May 12th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge				
<p>Activity 1 and Instructions</p>	<p>Comparing Numbers Solve the addition and subtraction equations. Then write >, <, or = in the circle.</p> <p>10-2 <input type="text"/> 9+8 8-4 <input type="text"/> 4+0 6-1 <input type="text"/> 13+2 10-10 <input type="text"/> 15-15 13+3 <input type="text"/> 12+8 9+9 <input type="text"/> 11-5 10+4 <input type="text"/> 12-4 8+5 <input type="text"/> 8-5 9-2 <input type="text"/> 4+3 7+7 <input type="text"/> 18-4</p> <p>(NBT.1.3)</p>	<p>Retelling</p> <p>Think about the story of the Three Little Pigs. Starting at the beginning, retell the story to an adult or a sibling. Remember to focus on the sequence of events, and include the main idea! (RL1.2)</p> <p>Writing Extension:</p> <p>Remember the story of the Three Little Pigs? The author took the story of the Three Little Pigs and combined it with her own experiences. Write your own version of the Three Little Pigs story! (W1.3)</p>	<p>Social Studies: Transportation Then and Now</p> <p>The way that people travel has changed a lot over the years. Many forms of transportation have come and gone, as well as gotten better over the years! On a piece of paper, make a T chart like the one below. Then, write examples of transportation then and now.</p> <table border="1" style="margin: 10px auto; border-collapse: collapse;"> <thead> <tr> <th style="padding: 5px;">Then</th> <th style="padding: 5px;">Now</th> </tr> </thead> <tbody> <tr> <td style="height: 40px;"></td> <td style="height: 40px;"></td> </tr> </tbody> </table> <p>Extra Resource: History of Transportation: https://www.youtube.com/watch?v=FaLCQo8NJFA</p> <p>(ETS1-2)</p>	Then	Now			<p>Transportation Challenge</p> <p>* List as many ways to travel as you can. As a challenge, you could write clues and turn your list into a Crossword.</p> <p>* Locate a map. On the map, find the United States, China, Spain & Mexico.</p> <p>How would you travel to these locations? Could you drive? Or would you need to consider another way?</p> <p>Using a map of the United States, find Illinois and then Freeport. How could you travel within Freeport? How could you travel to another city like Chicago or to another state like Florida?</p>
Then	Now							
<p>Activity 2 and Instructions</p>	<p>Place Value - Tens and Ones How many tens and ones do you need to make the number?</p> <p>___ tens and ___ ones = 36 ___ tens and ___ ones = 90 ___ tens and ___ ones = 81 ___ tens and ___ ones = 72 ___ tens and ___ ones = 10 ___ tens and ___ ones = 56 ___ tens and ___ ones = 87 ___ tens and ___ ones = 24</p> <p>(1.NBT.2)</p>	<p>Sight Word Scramble</p> <p>Use the word bank to unscramble the following words. Write them on a separate sheet of paper:</p> <p>Word Bank: door both time world take hide almost home thing become behind three could what when</p> <p>Scrambled Words: loudc dihe mstlao erhet hewn aekt oldwr ghnti hbdnie thwa eoecmb odro tbho eohm eimt</p> <p>(RF1.3)</p>						

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Remote Learning Activities for Students

1st Grade -- May 13th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge	
Activity 1 and Instructions	<p>1.) Have your child find the following 3-D shapes around the house:</p> <ul style="list-style-type: none"> - Cylinder - Cube - Rectangular prism - Cone <p>2.) Have your child draw a picture using 2-D geometric shapes (circle, square, triangle, rectangle, etc.)</p> <p>3.) Have your child explain to you the different shapes in their picture.</p>	<p>Have your child read the following 15 words:</p> <p>1.) from, were, where, mother, because, called, water, friend, none, another, write, down, little, new, day</p> <p>2.) Have your child write each word 3 times.</p> <p>3.) Have your child pick 5 words and write a complete sentence using that word.</p>	<p>Science:</p> <p><u>Observe Spring Arriving</u></p> <p>- pick an item in your yard (i.e. a plant that is starting to sprout, a tree branch, etc).</p> <p>-Make observations every other day. Record what you see as well as what the weather has been like (sunny, rainy, cloudy).</p> <p>Illustrate a picture to go along your observations.</p>	<p><u>Muffin Tin Nature Scavenger Hunt</u></p> <p>Muffin tins make perfect collection trays because they're easy to carry, and they keep everything separated and accounted for until the search is done.</p> <p>Here's What You'll Need: Crayons or markers scissors sticky tape muffin tin</p> <p>Activity: With the images cut out, roll little loops of tape and secure one image in the base of each muffin cup. Then you are ready to go outdoors on your scavenger hunt,</p> <div style="text-align: center;"> <p>Spring Muffin Tin Scavenger Hunt</p>  </div> <p><small>Created by the Teachers of Home Park Public. http://www.mrsdavis.com/ for CC BY-NC-ND https://www.dreamstime.com/</small></p>	
Activity 2 and Instructions	<p>Comparing Numbers:</p> <p>You will need a regular deck of playing cards. You can write numbers 1-10 on index cards or pieces of paper if you do not have a deck of cards.</p> <p>Using the cards, split the deck in half. (half goes to you and the other goes to your child)</p> <p>Each of you will flip over a card and compare the numbers on the card that was flipped over by each. The person who flipped over the bigger number gets to keep both cards.</p> <p>Have your child write the comparing expression in a notebook or on a paper. Have them read the sentence aloud.</p> <p>Example: $7 > 5$ (7 is greater than 5) OR $6 < 10$ (6 is less than 10)</p> <p>Extend: Play multiple rounds and switch up if it is the larger number or the smaller number is the winner.</p> <p>(NBT.1.3)</p>	<p>Summarizing:</p> <p>Have your child choose any book (fiction or nonfiction) and read it aloud or read it with them.</p> <p>After reading, have your child summarize their favorite part of the book. (Please remind them that summarizing is not telling you every detail within the book.)</p> <p>Extend: Have your child draw their favorite part from the book and write 2 sentences describing their illustration. Please pay attention to proper sentence structure. (Capitalization, punctuation, grammar, spacing)</p> <p>(RL.1.2)</p>			

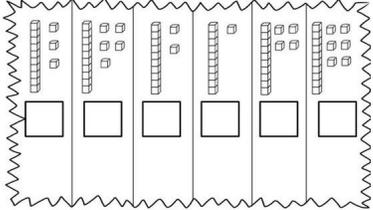
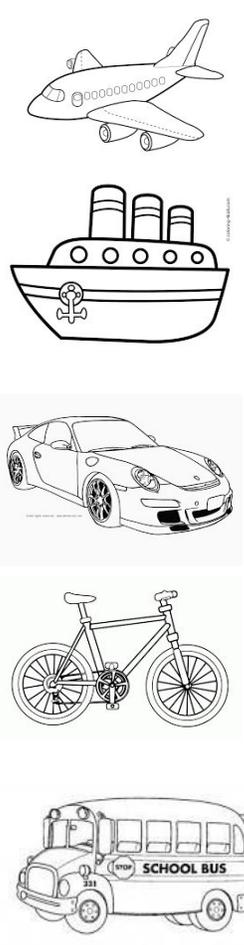
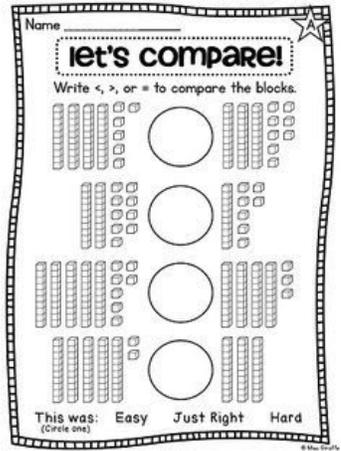
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Remote Learning Activities for Students

1st Grade -- May 14th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
<p>Activity 1 and Instructions</p>	<p>Tens and Ones ~ 1.NBT.2</p> <p>Count the tens and ones and write the answer</p> 	<p>Writing ~ W.1.2</p> <p>Write a story about how you get to and from school (this would be your form of transportation). Make sure your story has at least 4 sentences. When you are finished illustrate a picture to go with your story.</p> <p>Ideas of what to include in your story:</p> <ol style="list-style-type: none"> 1. What is your form of transportation? 2. Who are you with? 3. What do you see? 4. What color is your mode of transportation? 	<p><u>Social Studies:</u></p> 	<p><u>Math:</u> <u>1.OA.4</u></p> <p>Write the equations in your notebook and solve them.</p> <p>30+30= __</p> <p>__ + 20= 50</p> <p>40+ __ = 70</p> <p>20+20= __</p> <p>10+2= __</p> <p>5+15= __</p> <p>60-30= __</p> <p>50-20= __</p> <p>70-40= __</p> <p>40-20= __</p> <p>12-2= __</p> <p>20-15= __</p>
<p>Activity 2 and Instructions</p>	<p>Comparing tens and ones ~ 1.NBT.2 and 1.NBT.3</p> <p>Count the tens and ones on each side and write <, >, or = to in the middle circle.</p> <p>< ~ Less than > ~ Greater than = ~ Equal to</p> 	<p>Sight Words ~ 1.RF.3G</p> <p>Read the sight words to a parent.</p> <p>Write the consonants in blue and vowels in red.</p> <p>Write a sentence for each word in your notebook.</p> <p>across books under</p> <p>help good rain</p> <p>both behind city</p> <p>why where were</p>	<p>Color the pictures the following color:</p> <p>Bus - yellow</p> <p>Plane - blue</p> <p>Bike - purple</p> <p>Car - red</p> <p>Ship - brown</p>	

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Remote Learning Activities for Students

1st Grade -- May 15th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p style="text-align: center;"><u>Play Top-It</u></p> <p>Using playing cards (or dice, or make your own cards using paper and pencil, #1-10). Each player pulls 3 cards (or rolls dice three times) and adds up all the numbers. Person who has the highest sum wins the round and keeps the cards. Play until cards are gone (or keep playing and reshuffle the cards!)</p>	<p style="text-align: center;"><u>Mystery Movie</u></p> <p>Draw a set of 3-4 consecutive squares like a comic. Draw the beginning, middle, and end of the movie. Write a sentence underneath each square or give each character speech bubbles. See if your parent/guardian can guess the movie!</p>	<p><u>Social Studies:</u></p> <p>Think about how much has changed in school since your parents or grandparents went to school. Have a discussion with an adult and make a list of what might be the same and how things have changed. What things are the same? Here's an idea:</p>	<p>Inside or out, encourage your child to slither like a snake, hop like a frog, gallop like a horse, or walk like a bear on all fours.</p> <p style="text-align: center;">or</p> <p>While the rules are simple, the options for movement are endless. Simon can have kids jumping like a kangaroo, standing as tall as a house, making funny faces, standing on one foot, or waving their hands over their heads.</p>
Activity 2 and Instructions	<p style="text-align: center;"><u>Plus or Minus 10</u></p> <p>Make a three column chart. Put the following numbers in the middle. (Feel free to roll 2 dice or pull 12 cards and make your own numbers!) 11, 27, 34, 48, 54, 61, 77, 82, 96. Now write the number that is 10 less and 10 more than that number. Example if the number was 22.</p> <p>12, 22, 32</p>	<p style="text-align: center;"><u>Countdown to Summer- Outside-Go!</u></p> <p>Get some fresh air. Go outside and play. Take a picture and write about what activities you did today.</p>	<p>Then and Now Sort Cut out the flap page and glue into your notebook. Cut along the dotted lines to make a flap. Glue the long ago and today pieces under the correct flap.</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>I can sort items from long ago and today.</p> </div> <p style="font-size: small; text-align: right;">©2015 Dorey Farms Inc. First Grade Program</p>	

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Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- May 18th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>REVIEW!</p> <p>Cut out small pieces of paper with the numbers 1-20 written on the pieces of paper. Put these pieces of paper in a bowl or hat. Pull out 2 pieces of paper and add and subtract the two numbers. Write the answers in your notebook.</p> <p>Have a grown up double check your answers!</p> <p>(CCSS.MATH.CONTENT.1.OA.C.6)</p>	<p>Writing:</p> <p>Think about your favorite fiction book...</p> <p>Write about what you like about the book and give details to support why you think that. Then draw a picture of your favorite part of the book with a caption with what is happening in your picture</p> <p>(CCSS.ELA-LITERACY.W.1.1)</p>	<p>Science:</p> <p>In your journal, write down 3 attributes that help the animal below survive. The animal you write about will depend on the month you were born.</p> <p>Jan-Turtle Feb-Octopus Mar-Dolphin Apr-Squirrel May-Giraffe Jun-Bear Jul-Dog Aug-Lion Sep-Cat Oct-Snake Nov-Elephant Dec-Hippo</p> <p>(1-LS1-1)</p>	<p>Using the pieces of paper with the numbers 1-20 written on them, try to pull 3 numbers out instead of 2 and add them all together.</p>
Activity 2 and Instructions	<p><u>IN THE KITCHEN</u></p> <p>Answer the following word problems using any objects around the house to help you reach an answer. Share your answers with a grown up.</p> <p>Greta had 15 muffins and gives some to her siblings. Now she has 9 muffins. How many did she give away?</p> <p>Alex made some pancakes for breakfast and ate 7 pancakes. Now there are 6 left. How many did he make?</p> <p>Linda picked some apples. She used 8 apples to make a pie and now she has 3 left. How many apples did she pick?</p> <p>(CCSS.MATH.CONTENT.1.OA.C.6)</p>	<p>QUIZ A FAMILY MEMBER</p> <p>Think about the major differences between fiction and nonfiction books. Teach these differences to someone at home and explain what your favorite fiction and nonfiction books are and what makes them either fiction or nonfiction. Then have a family member tell you their favorite book and see if you can decide if it is a fiction or nonfiction book just by asking them questions about it.</p> <p>(CCSS.ELA-LITERACY.RL.1.5)</p>		

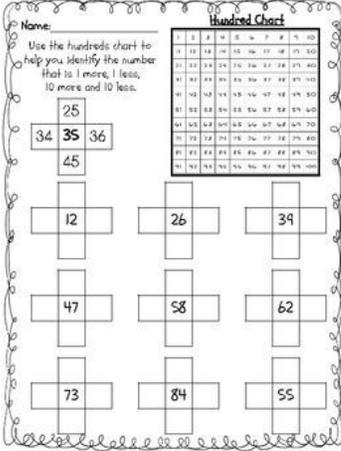
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Remote Learning Activities for Students

1st Grade -- May 19th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge										
<p>Activity 1 and Instructions</p>	<p><u>Adding & Subtracting on the 1-120 Chart</u></p>  <p style="text-align: center;">Now go back to those numbers and try +20/-20...</p> <p style="text-align: center;">(1.NBT.4 & 5)</p>	<p><u>Exploring a Book</u></p> <p>Find a book in your house that has a Community Helper or neighborhood items in the illustrations. Read the book with someone and <u>retell</u> the text and how it connects to you.</p> <p>-Find some of your trickier <u>sight words</u> in the text, spell aloud, or write in a sentence.</p> <p style="text-align: center;">(RL/RI.1.2 & RF.1.3)</p>	<p><u>Social Studies:</u></p> <p>There are places around your town that provide goods and services. Circle below whether the picture is a goods you might need or a service provided.</p>  <p>Create your own goods and services chart for our town. Keep in mind city needs and country needs may vary.</p> <p style="text-align: center;">(SSEC.1.1 & 2.1)</p>	<p><u>Free Choice</u></p> <p>-Go to previous "Learning Plans" and pick items that you did not do or want to make better!</p> <p>-Visit your Clever and select Reading & Math Activities</p> <p>-Google these other ideas if needing more online components:</p> <p>*Scholastic "Learning at Home"</p> <p>*Read Alouds: https://www.storylineonline.net/</p> <p>*Math: https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1</p> <p>*Cosmic Kids Yoga</p> <p>*Virtual Field Trips</p> <p>*Artforkidshub</p>										
<p>Activity 2 and Instructions</p>	<p><u>Go Fishing to Make 20</u></p> <p>Your students probably already know how to play Go Fish, but in this version, they're fishing for cards that add up to 20.</p> <p>Change aces to 1 for this game and all face cards = 10.</p> <p>Have them ask: "I have a 2 and 8. Do you have a Face Card or 10 to make 20?"</p> <p style="text-align: center;">(1.OA.6)</p>	<p><u>Word Work</u></p> <p>Pyramid Writing: start with the 1st letter of the word, then go down to the 2nd row and repeat the 1st letter and add the 2nd letter and so on. However many letters = the number of rows!</p> <p><u>Example:</u></p> <p>n na nam name</p> <p>*Use these words or other unknown Trick Words from your lists.</p> <table style="width: 100%; border: none;"> <tr> <td>let</td> <td>use</td> </tr> <tr> <td>sleep</td> <td>place</td> </tr> <tr> <td>know</td> <td>hill</td> </tr> <tr> <td>fast</td> <td>under</td> </tr> <tr> <td>room</td> <td>top</td> </tr> </table> <p style="text-align: center;">(RF.1.3)</p>	let	use	sleep	place	know	hill	fast	under	room	top		
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Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- May 20th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge																																				
Activity 1 and Instructions	<p>Ten More Ten Less Using the number in the middle, write the numbers that are 10 more and 10 less.</p> <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="width: 20%;">10 Less</th> <th style="width: 20%;">Number</th> <th style="width: 20%;">10 More</th> </tr> </thead> <tbody> <tr> <td>Ex. 52</td> <td>62</td> <td>72</td> </tr> <tr> <td></td> <td>82</td> <td></td> </tr> <tr> <td></td> <td>29</td> <td></td> </tr> <tr> <td></td> <td>33</td> <td></td> </tr> <tr> <td></td> <td>57</td> <td></td> </tr> <tr> <td></td> <td>94</td> <td></td> </tr> </tbody> </table> <p>(1.NBT.5)</p>	10 Less	Number	10 More	Ex. 52	62	72		82			29			33			57			94		<p>Retelling Questions</p> <p>Choose a book and a comfy place to read. Read your story and make a Story Poster answering the 5 W questions. It can look however you want it to look.</p> <ol style="list-style-type: none"> 1) Who were the main characters in your story? 2) What happened in the story? 3) When did the story take place? 4) Where did the story take place? 5) Why did the characters do something? <p>(RL1.1)</p>	<p style="text-align: center;"><u>Social Studies</u> Community Helpers</p> <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="width: 25%;">People</th> <th style="width: 25%;">Place</th> <th style="width: 25%;">Activity</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> </tbody> </table> <p>Identify community helpers (i.e. teacher, farmer, grocer), write them in the people column. In the place column write where this person works, in the activity column, write what this person does. How many community helpers can you think of?</p> <p>(SS3.1)</p>	People	Place	Activity													<p>STEM Challenge:</p> <p>Build a house.</p> <p>By yourself or with your family build a house (use sticks, pasta, q-tips, etc.). You could use things like modeling clay, jelly beans or bread dough (water and flour) to make the pieces stick together.</p> <p>How could you turn your house into a church or a school? Can you design a store?</p>
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Activity 2 and Instructions	<p style="text-align: center;">Story Problems</p> <p>Solve the story problems. Use a number line/grid or draw a picture to help you solve the problems. Don't forget to write your equation and answer!</p> <p>There are 28 students in your class , 20 more students have arrived. How many students are in your class now?</p> <p>Yesterday I bought 46 apples. We ate 20 of them. How many apples do I have left?</p> <p>I left school and walked 72 steps to my house. I walked 10 more steps. How many steps are there between school and home?</p> <p>An adult ladybug has 88 spots. . A baby ladybug has 10 less spots. How many spots does the baby ladybug have?</p> <p>(1.NBT.5)</p>	<p style="text-align: center;">Sight Word Scramble -</p> <p>Use the word bank to unscramble the following words. Write them on a seperate sheet of paper:</p> <p>Word Bank: help city room under fast know used place sleep love much stay name paper rain</p> <p>Scrambled Words: tasf eovl prpae eman ysat deus nwok deunr omor cyit elph ucmh nria elesp laepc</p> <p>(RF1.3)</p>	<p>Identify community helpers (i.e. teacher, farmer, grocer), write them in the people column. In the place column write where this person works, in the activity column, write what this person does. How many community helpers can you think of?</p> <p>(SS3.1)</p>	<p>How could you turn your house into a church or a school? Can you design a store?</p>																																				

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

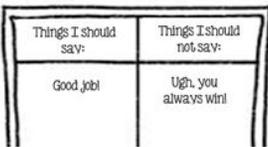
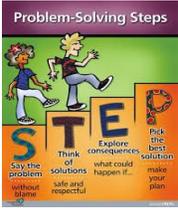
Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- (SEL) Theme: Problem Solving/Conflict Resolution

The columns below offer choices for student activities for any day.

Social Emotional Learning Choice Board aligns with standards 2D.1a Identifies problems and conflicts and 2D.1b Applies problem solving steps to constructively resolve problems and conflicts.

<p style="text-align: center;">Play a Game</p> <p>Playing games with peers/family involves learning to get along and figuring out rules together.</p> <div style="text-align: center;">  </div> <p>Talk about ways you figured out how to resolve a conflict.</p> <p>Write or draw about it.</p>	<p style="text-align: center;">Take these scenarios and brainstorm how you can solve them:</p> <ol style="list-style-type: none"> 1. My homework is not complete. 2. I didn't eat my breakfast. 3. I haven't brushed my teeth 4. My lunch isn't packed 5. My backpack is not ready. 	<p style="text-align: center;">WHAT SHOULD I SAY? WHAT SHOULDN'T I SAY?</p> <p>When you are having a conflict with a peer or family member, there are things you should and should not and say. Make a chart like the one below.</p> <div style="text-align: center;">  </div>
<p>Sometimes asking for help can be a hard thing to do, but it is a skill we must all learn. When we have help we are more successful and get frustrated less. Use the following scenarios to practice asking for help in an assertive way. Look at the person you are talking to, sit/stand up straight, use a respectful, clear, and calm voice. The best and easiest time to ask for help is before you become frustrated.</p> <p>Example: You are having trouble finding your favorite shirt.</p> <p>Ask for help: Dad, can you please help me find my blue shirt with the dinosaur on it? I have looked in my dresser and under my bed and I cannot find it.</p> <p>Scenarios:</p> <ul style="list-style-type: none"> ★ You are not understanding a math assignment. ★ You need to clean your room, but the mess is overwhelming. ★ Your siblings keep bugging you even though you have asked them to stop. ★ You can't figure out how to play a game you really want to play. 	<p style="text-align: center;">SCALE THE PROBLEM</p> <p>When you have a problem, think to yourself, "How big is this problem?"</p> <p>Use self-talk. Is this a small, medium or big problem?</p> <p>Small Problem Will this even matter in an hour? Can I move on with my day? Can I ignore it?</p> <p>Medium Problem Do I need to talk to someone about this? Will I be unable to move on if this doesn't get resolved?</p> <p>Big Problem Is someone in danger? Have I tried multiple times to resolve this? Do I need to get an adult to help me?</p> <p style="text-align: center;">Think? How big is my problem? Can I handle it by myself, or do I need an adult to help me?</p> <p>Read the situations and scenarios already listed on this choice board. Sort them into the 3 areas; small, medium, and big problems.</p>	<p style="text-align: center;">THINK OF POSITIVE WAYS YOU CAN SOLVE THE FOLLOWING PROBLEMS.</p> <ul style="list-style-type: none"> ★ You bumped a family members workspace and their items fell on the floor. ★ When you were eating lunch your drink spilled all over a family member's things. ★ You pulled a book off of your bookshelf and a second book fell off of the shelf hitting a family member in the head. ★ You were trying to put a family member's artwork on the refrigerator and a corner of the paper tore. <div style="text-align: center;">  </div>
<p style="text-align: center;">CONTROL OR NO CONTROL</p> <p>In life, there are things you can control and things you cannot control. You can control yourself, your thoughts, your feelings, and your actions.</p> <p>Some things you do not have control over right now are having to stay home, what you get to eat for dinner, and/or who you get to play with.</p> <p>Draw pictures or make a list of things you can control on one piece of paper and on another piece of paper draw pictures or make a list of the things you do not have control over.</p> <p>Discuss the things you can't control with someone and see if they can help you solve any problems you have on that paper. Then put the paper of things you can control on top of the other paper and put it somewhere you will see it. Focusing on what you can control will help you have a positive attitude and remind you of all of the wonderful things in your life.</p>	<p>When you are trying to solve a problem it is important for you to communicate in an assertive way. Look at the person you are talking to, sit/stand up straight, use a respectful, clear, and calm voice. Use the scenarios below to practice using assertive communication.</p> <p>Example: Your family member took your favorite book without asking and a page got ripped.</p> <p>Assertive Response: I am upset that you ripped a page in my favorite book. Next time, please ask if you can borrow my book before taking it and please take care of it while you are reading it.</p> <p>Scenarios:</p> <ul style="list-style-type: none"> ★ A family member has been watching tv for an hour and you would like a turn to watch a show you like. ★ You do not like what was made for supper. ★ Your sibling pushed you down on purpose. ★ A family member is being too loud of you to concentrate on your work. ★ A family member ate the last piece of your favorite candy. 	<p style="text-align: center;">It's OK to Fail</p> <p>Children need to know it is okay to fail. By having an open dialogue with your child, they will have more confidence in making decisions, making it ok to fail and to try again.</p> <div style="background-color: red; color: white; text-align: center; padding: 10px; font-weight: bold; font-size: 1.2em;"> HUDDLE UP QUESTION </div> <div style="background-color: black; color: white; padding: 10px; font-weight: bold; font-size: 1.2em;"> Huddle up with your kids and say, "Growing up, one of the biggest problems I had to solve was... I was able to solve it by..." </div> <p>Have a good conversation about this. Draw or write about what you discussed.</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- (Electives)

The columns below offer choices for student activities for any day.

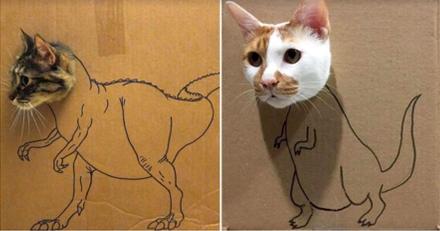
Art	Music	PE/Health
<p>Try to create a picture using your clothes. The clothes will be your color and you can fold, scrunch, and lay flat the laundry to help create texture in the painting. When you are done continue your practicing of crisp clean lines and folds by preparing them to be returned to their place in your closet or drawer. Challenge: Make the picture look like something you see in your house or outside. Examples:</p>  <p>Extension: see an example video on you tube: https://youtu.be/SUQCKv5Rb04 VA:Cr1.1.1a; VA:Cr1.2.1a; VA:Cr2.2.1a; VA:Cr2.3.1</p>	<p>MU:Pr4.1.1 Listen to a song and keep the steady beat using your “spider hands.”</p>	<p>It’s Race Day! Time to work on your running skills. Pick a starting point and a finish line. If you’re able to, time yourself from start to finish. If you don’t have a timer available, count in your head. Race as many times as you can. What do you think will happen to your body the more times you run? Other ways to do this: - choose different distances - race against another family member - if enough family members, turn it into a relay. State Goal 20</p>
<p>Create a color wheel using objects in your house. The color wheel is in the same order as the rainbow but in a circular fashion. Draw a normal color wheel after you are done using triangles inside a circle (if you are able a paper plate works well). If you don’t have colors to color in just write the name of the color in each triangle. Example found object color wheel:</p>  <p>VA:Cr1.2.1a; VA:Cr2.1.1a; VA:Cr2.2.1a</p>	<p>MU:Cr1.1.1 Play a game of echo clapping with someone. You clap a rhythm. They clap it back exactly as you did. Then switch. Keep going until someone gets one wrong. Then play again!</p> <p>*If you have electronic access, you’ll enjoy experimenting on this link: https://musiclab.chromeexperiments.com</p>	<p>Activity: Set a health-related goal (20.C.1a) during these times of quarantine and lock down, it is all too easy to fall into a routine of inactivity or to make bad health choices. The purpose of this activity is for your child to set a realistic health related goal and work towards achieving that goal. The process of choosing a goal might take some time so try to help your child identify something that the lockdown has made more difficult for them. This could be cutting back on screen time, eating less sugary foods, exercising more throughout the day, etc. Once your child has chosen a goal, they should choose a timeframe they want to complete the goal in. Example: I want to start doing exercises at home for 30 minutes a day for one whole week. Allow your child to be creative when setting up their goal. The goal has to be something they want to do/something they think is important.</p>
<p>Create a word you learned this year, using objects around the house or outside.</p>  <p>VA:Cr2.1.1a; VA:Cr2.2.1a</p>	<p>MU:Pr6.1.1 Teach your family how to sing and play your favorite song and/or game from music class</p>	<p>Finding Balance Balance is an even distribution of weight enabling someone or something to remain upright and steady. Find a few long objects like sticks, broom/mop handle, pen or pencil, baseball bat... try and balance these objects on your finger or hand. Which object is the easiest to balance? How long can you balance each object for? Can you balance one object in each hand? Which hand is easier? Can you balance an object in one hand longer than the other? Can you balance on one foot and balance an object in your hand? State Goal 19</p>

Parent Signature: _____

Remote Learning Activities for Students

1st Grade -- (Electives)

The columns below offer choices for student activities for any day.

Art	Music	PE/Health
<p>Draw a mask design that represents your interests. If able color in with materials you have. Challenge: Try to plan a mask that if it was made it would be 3-D.</p> <p>Example:</p>  <p>3-D Example:</p> <p>VA:Cr1.2.1a; VA:Cr2.2.1a; VA:Cr2.3.1a</p>	<p>MU:Cr1.1.1 Gather pots, pans, milk jugs, and boxes. Arrange them into a drum set and drum! Create your own rhythms!</p>	<p>Brushing Teeth Checklist State Goal 22</p> <ol style="list-style-type: none"> 1. Wet toothbrush 2. Squeeze toothpaste onto toothbrush 3. Brush your teeth 4. Spit the toothpaste into the sink 5. Rinse toothbrush and your brush 6. Smile <p>Don't forget to brush at least two times a day, for two minutes each time.</p>
<p>Cut out a face from a picture in a newspaper, magazine, or old photograph (with adult permission). Glue the person or animal face onto a paper (tape it or place it if glue is not available). Then draw a different animal below to make its body.</p>  <p>VA:Cr1.2.1a, VA:Cr2.1.1a, VA:Cr2.2.1a</p>	<p>MU:Pr4.1.1 Think up some very good questions to ask your family about their favorite songs/music. Why do they like the music they listen to? Have they ever played an instrument? Interview them and find out more!</p>	<p>Activity: All About Muscular Strength (20.A.1b) Muscular strength is a health related fitness concept that we practice at school during P.E. Muscular strength is your ability to push, pull, and lift heavy objects! We practice muscular strength by performing Push-Up Holds. Can you perform a Push-Up Hold for 30 seconds? We work on muscular strength because it is super helpful for a lot of different jobs and activities outside of school, such as Construction workers or nurses. Besides doing Push-Up Holds, what other exercises can you think of that would increase our muscular strength? Can you try them at home? What other jobs can you think of that would require lots of muscular strength?</p>
<p>Draw and design a postage stamp using any size piece of paper. Include a heart in the drawing. Add a border around the edges. If able please color.</p>  <p>VA:Cr2.1.1; VA:Cr2.2.1a</p>	<p>MU:Pr6.1.1 Pick a song you know and sing it as loudly as you can outside. See how loudly you can really sing with a good sound without yelling (because you can't yell and sing at the same time).</p> <p>*If you have electronic access, you'll enjoy experimenting on this link: https://musiclab.chromeexperiments.com</p>	<p>Skittles Workout, you will need a regular size bag of skittles. Take one skittle out of the bag at a time and perform the exercise and repetitions listed below for the color! Red: 5 pushups Orange: 8 Sit-ups Yellow: 10 Squats Green: 15 Jumping Jacks Purple: Run 1 Lap. Figure out where you're running to before you start, some examples for distances to run are: Run across your yard, around the kitchen table, to a street sign and back....How fast can you get through the whole bag of skittles! MAKE SURE YOU ARE NOT CHEWING SKITTLES WHILE PERFORMING THE EXERCISES**If you do not have skittles make your own by coloring red, orange, yellow, green, and purple dots or circles on a piece of paper. Now tear those dots/circles into their own piece of paper. Be sure to make enough of each color. State Goal 19</p>

Parent Signature: _____