

# Freeport School District #145 Health and Safety

## **Guidance, Counseling and Social Worker Services**

Each school can refer students to the proper person in their building for assistance. Elementary buildings have a full-time social worker, fifth through twelfth grades have full-time counselors, who are assigned to students. Any teacher can help students get in contact with these services.

## **Excessive Visits to the Nurse**

After excessive visits to the health office, a conference with the student and parents may be requested. The health office is to be used only as a medical resource. Students feeling sick prior to the start of the school day, are encouraged to inform their parents/guardian prior to coming to see the school nurse.

## **Excusing Students from Physical Education:**

If a student needs to be excused from physical education and/or recess, a written note is required from provider stating the reason and number of days to be excused. A follow up note from the provider is required to resume normal activity.

## **Excusing students following a long absence:**

If a student has been absent three or more days, a written note from a provider is required to return to school and for all missed days to be considered excused from school.

## **Care of Students with Diabetes**

If your child has Diabetes and requires assistance with managing their condition while at school and school functions, a 504 Plan should be developed to address the need. The plan includes the Diabetes Care Plan from the provider. Parents/guardians are responsible for and must:

- a. Inform the school in a timely manner of any change which needs to be made to the Diabetes Care Plan on file with the school for their child
- b. Inform the school in a timely manner of any changes to their emergency contact numbers or contact numbers of health care providers
- c. Sign the Diabetes Care Plan.

## **Communicable Diseases**

The school will observe recommendations of the Illinois Department of Public Health regarding communicable diseases.

1. Parents are required to notify the school nurse if they suspect their child has a communicable disease.
2. In certain cases, students with a communicable disease will not go to school or may be sent home from school following contact of parent/guardian.
3. The school will provide written instructions to the parent/guardian regarding proper treatment for the communicable disease.
4. A student sent home because of a communicable disease will be allowed back to school only when the parent/guardian brings a letter from their provider stating that the student is no longer contagious or at risk of spreading the communicable disease.