

# DECEMBER 2017

## Freeport School District 145 Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW...

DECEMBER WAS ORIGINALLY THE TENTH MONTH OF THE YEAR IN THE ROMAN CALENDAR. IT GETS ITS NAME FROM THE LATIN WORD "DECEM" WHICH MEANS TENTH.

4

Dutch Waffle w/ Bacon  
& Maple Syrup  
  
Strawberries  
Choice of Milk

5

Assorted Cereal:  
Coco Puffs, Lucky  
Charms or Trix  
  
Grapes  
Choice of Milk

6

Apple Pie  
Smoothie  
  
Mandarin Oranges  
Choice of Milk

7

Cinnamon Sugar  
Donut Holes  
  
Banana  
Choice of Milk

8

Polka Dot Parfait  
  
Cantaloupe  
Choice of Milk

11

Donut with Vanilla  
Icing & Sprinkles  
  
Strawberries  
Choice of Milk

12

Breakfast Pizza  
  
Diced Peaches  
Choice of Milk

13

Chocolate Muffin  
  
Orange Wedges  
Choice of Milk

14

Cinnamon Stix w/  
Vanilla Icing  
  
Fresh Apple Slices  
Choice of Milk

15

Polka Dot Parfait  
  
Cantaloupe  
Choice of Milk  
  
3 HOUR DAY

18

Dutch Waffle w/ Bacon  
& Maple Syrup  
  
Strawberries  
Choice of Milk

19

Assorted Cereal:  
Coco Puffs, Lucky  
Charms or Trix  
  
Diced Peaches  
Choice of Milk

20

Apple Pie  
Smoothie  
  
Orange Wedges  
Choice of Milk

21

Holiday  
Cinnamon Roll  
  
Fresh Apple Slices  
Choice of Milk

22

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

*Did you know...*

Choice of milk is offered daily. Lactose Free and Soy Milk are available with a Doctor's note submitted to the School Nurse for students with Dairy Allergies.

Menu is subject to change