

September 2017

Freeport School District 145 Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

4

NO SCHOOL

5

Breakfast Pizza
Grapes
Choice of Milk

6

Chocolate Muffin
Orange Wedges
Choice of Milk

7

Cinnamon Stix w/
Vanilla Icing
Banana
Choice of Milk

8

Polka Dot Parfait
Cantaloupe
Choice of Milk

11

Dutch Waffle w/
Bacon & Maple Syrup
Strawberries
Choice of Milk

12

Assorted Cereal:
Coco Puffs, Lucky
Charms or Trix
Grapes
Choice of Milk

13

Apple Pie
Smoothie
Orange Wedges
Choice of Milk

14

Assorted Cereal:
Coco Puffs, Lucky
Charms or Trix
Banana
Choice of Milk

15

Breakfast Sundae
Choice of Milk

18

Donut with Vanilla
Icing & Sprinkles
Strawberries
Choice of Milk

19

Breakfast Pizza
Grapes
Choice of Milk

20

Chocolate Muffin
Orange Wedges
Choice of Milk

21

Cinnamon Stix w/
Vanilla Icing
Banana
Choice of Milk
3 HOUR DAY

22

Polka Dot Parfait
Cantaloupe
Choice of Milk

25

Dutch Waffle w/
Bacon & Maple Syrup
Strawberries
Choice of Milk

26

Assorted Cereal:
Coco Puffs, Lucky
Charms or Trix
Grapes
Choice of Milk

27

Apple Pie
Smoothie
Orange Wedges
Choice of Milk

28

Cinnamon Sugar
Donut Holes
Banana
Choice of Milk

29

Breakfast Sundae
Choice of Milk

New for SY 17-18

Breakfast serving times at each building will be extended past the start of school each day. Please see below for your students building information.

FHS & FMS

7:05 AM – 8:30 AM

Late Start: 7:25 AM – 8:50 AM

Carl Sandburg

7:20 AM – 8:42 AM

Late Start: 7:40 AM – 9:02 AM

SITE

7:30 AM – 9:00 AM

Late Start: 8:00 AM – 9:20 AM

Blackhawk & Center

8:35 AM – 10:00 AM

Late Start: 8:55 AM – 10:30 AM

Empire, Lincoln Douglas & Taylor Park

8:50 AM – 10:15 AM

Late Start: 9:10 AM – 10:35 AM

Jones Farrar

8:30 AM – 10:00 AM

Late Start: 8:50 AM – 10:30 AM