

November 2024

Freeport Middle School Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.

4
BBQ Rib Sandwich
 Celery Sticks with Ranch
 Banana
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

5
 No School
 Election Day

6
 Cheeseburger
 Corn on the Cob
 Apple Slices
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

7
 No Lunch Service
3 Hour Day

8
 No School

11
 Chicken Nugget Box
 French Fries & Apples
 Tropicool Slushy
 Or
BYO Pizza Box
 Italian Sub
 Choice of Milk

12
 Beef Fiestada Pizza
 Corn in a Cup
 Fruit Side Kick
 Or
BYO Pizza Box
 Italian Sub
 Choice of Milk

13
 Tomato Soup
 Grilled Cheese Sandwich
 Granny Smith Apple
 Or
BYO Pizza Box
 Italian Sub
 Choice of Milk

14
 Cheesy Mac Bites
 Baked Beans
 Mandarin Oranges
 Or
BYO Pizza Box
 Italian Sub
 Choice of Milk

15
 Korean BBQ Chicken
 Chow Mein Noodles
 WG Egg Roll
 Carrots & Pineapple
 Or
BYO Pizza Box
 Italian Sub
 Choice of Milk

18
 Jumbo Waffles
 Chicken Sausage
 Maple Fries & Banana
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

19
 Beef Soft
 Shell Tacos
 Refried Bean Dip & Chips
 Mango Chunks
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

20
 Turkey & Cheese
 Sandwich
 Pasta Salad / Sliced
 Cucumbers & Apples
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

21
 Chicken Alfredo
 WG Dinner Roll
 Broccoli & Oranges
 Chocolate Tiger Bites
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

22
 WG Mini Chicken
 Corn Dogs
 Sweet Potato Tots
 Grapes
 Or
 Muffin Box
 Turkey Pepperoni Pizza
 Choice of Milk

25
 Chicken & Waffles
 Emoji Fries
 Granny Smith Apple
 Choice of Milk

26
 Roasted Turkey
 Mashed Potatoes & Gravy
 Corn
 WG Dinner Roll
 Fruit Side Kick
 Choice of Milk

27
 No School

28
 No School
 Happy Thanksgiving
grateful

29
 No School

Milk Substitutions

Daily milk substitutions are available to all district students who have a current completed Allergy Form submitted to the school nurse. Please note that this form must be completed each school year.

Options available are:

- Vanilla Almond Milk
- Chocolate Almond Milk
- Lactose Free Milk
- Oat Milk
- Soy Milk

Pork Items

Menu Items that contain pork are highlighted in yellow

*Menu is subject to change due to vendor food shortages and NDS staffing