

November 2024

Freeport High School Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.

4
 🍷 **BBQ Rib Sandwich**
 Daily Pizza
 Chicken Salad Wrap
 Turkey Garden Salad
 Corn Chowder
 Chicken & Rice Soup
 Assorted Fruit & Veggies
 Choice of Milk

5
 No School
 Election Day

6
 Cheeseburger
 Daily Pizza
 Chicken Salad Wrap
 Turkey Garden Salad
 Corn Chowder
 Chicken & Rice Soup
 Assorted Fruit & Veggies
 Choice of Milk

7
 No Lunch Service
3 Hour Day

8
 No School

11
 Chicken Nugget Box
 Daily Pizza
 Italian Sub
 Caesar Salad
 Creamy Potato Soup
 Tomato Soup
 Assorted Fruit & Veggies
 Choice of Milk

12
 Beef Fiestada Pizza
 Daily Pizza
 Italian Sub
 Caesar Salad
 Creamy Potato Soup
 Tomato Soup
 Assorted Fruit & Veggies
 Choice of Milk

13
 Cheese Bosco Sticks
 Daily Pizza
 Italian Sub
 Caesar Salad
 Creamy Potato Soup
 Tomato Soup
 Assorted Fruit & Veggies
 Choice of Milk

14
 Cheesy Mac Bites
 Daily Pizza
 Italian Sub
 Caesar Salad
 Creamy Potato Soup
 Tomato Soup
 Assorted Fruit & Veggies
 Choice of Milk

15
 Korean BBQ Chicken
 Chow Mein Noodles
 Daily Pizza
 Italian Sub
 Caesar Salad
 Creamy Potato Soup
 Tomato Soup
 Assorted Fruit & Veggies
 Choice of Milk

18
 Jumbo Waffles
 Chicken Sausage
 Daily Pizza
 Turkey & Cheese Sub
 Italian Salad
 Minestrone Soup
 Chicken Noodle Soup
 Assorted Fruit & Veggies
 Choice of Milk

19
 Beef Soft Shell Tacos
 Daily Pizza
 Turkey & Cheese Sub
 Italian Salad
 Minestrone Soup
 Chicken Noodle Soup
 Assorted Fruit & Veggies
 Choice of Milk

20
 Chicken Sandwich
 WG Dinner Roll
 Daily Pizza
 Turkey & Cheese Sub
 Italian Salad
 Minestrone Soup
 Chicken Noodle Soup
 Assorted Fruit & Veggies
 Choice of Milk

21
 Chicken Alfredo
 WG Dinner Roll
 Daily Pizza
 Turkey & Cheese Sub
 Italian Salad
 Minestrone Soup
 Chicken Noodle Soup
 Assorted Fruit & Veggies
 Choice of Milk

22
 WG Mini Chicken
 Corn Dogs
 Daily Pizza
 Turkey & Cheese Sub
 Italian Salad
 Minestrone Soup
 Chicken Noodle Soup
 Assorted Fruit & Veggies
 Choice of Milk

25
 Chicken & Waffles
 Daily Pizza
 Buffalo Chicken Wrap
 🍷 **Cobb Salad**
 Creamy Potato Soup
 Broccoli & Cheese Soup
 Assorted Fruit & Veggies
 Choice of Milk

26
 Roasted Turkey
 Daily Pizza
 Buffalo Chicken Wrap
 🍷 **Cobb Salad**
 Creamy Potato Soup
 Broccoli & Cheese Soup
 Assorted Fruit & Veggies
 Choice of Milk

27
 No School

28
 No School
 Happy Thanksgiving
grateful

29
 No School

🍷 Milk Substitutions

Daily milk substitutions are available to all district students who have a current completed Allergy Form submitted to the school nurse. Please note that this form must be completed each school year.

Options available are:

- Vanilla Almond Milk
- Chocolate Almond Milk
- Lactose Free Milk
- Oat Milk
- Soy Milk

🍷 Pork Items

Menu Items that contain pork are highlighted in yellow

*Menu is subject to change due to vendor food shortages and NDS staffing