

FHS Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Breakfast Pizza Assorted Daily Cereal WG Cinnamon Roll WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Ham, Egg & Cheese Hash brown Bars Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Scrambled Eggs with Bacon & a Biscuit Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	WG Pancakes & Sausage Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Warm Cinnamon Toast Crunch Bar Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)
WEEK 2	Breakfast Burrito Assorted Daily Cereal WG Cinnamon Roll WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Warm Apple Frudel Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Scrambled Eggs with Bacon & a Biscuit Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	WG Jumbo Waffles with Sausage Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Breakfast Sandwich (English Muffin with a Sausage & Egg Patty topped with Cheese) Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)
WEEK 3	Breakfast Pizza Assorted Daily Cereal WG Cinnamon Roll WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Ham, Egg & Cheese Hash brown Bars Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Scrambled Eggs with Bacon & a Biscuit Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	WG Pancakes & Sausage Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Warm Cinnamon Toast Crunch Bar Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)
WEEK 4	Breakfast Burrito Assorted Daily Cereal WG Cinnamon Roll WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Warm Apple Frudel Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Scrambled Eggs with Bacon & a Biscuit Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	WG Jumbo Waffles with Sausage Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)	Breakfast Sandwich (English Muffin with Sausage, Cheese, Egg Patty) Assorted Daily Cereal WG Pop Tarts Assorted WG Breads (Pumpkin, Lemon, Banana)

JANUARY 2024				
M	T	W	TR	F
X	X	X	X	X
8	9	10	11	12
X	16	17	18	19
22	23	X	25	26
29	30	31		

FEBRUARY 2024				
M	T	W	TR	F
			1	2
5	6	7	8	9
12	13	14	15	16
X	X	21	22	23
26	27	28	29	

MARCH 2024				
M	T	W	TR	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
X	X	X	X	X



Winter Fruit Selection:

Pineapple, Oranges, Apple Slices, Grapes and Strawberries

Milk & Juice available at Breakfast daily

WEEK 1/3	WEEK 2/4
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X	NO SCHOOL	/	NO LUNCH SERVICE
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