

FSD 145 FHS Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--|--|---|--|--|
| WEEK 1 | Cheese Bosco Sticks with Marinara Sauce Assorted Daily Pizza Creamy Potato Soup Chicken & Rice Soup Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Beef Walking Taco Assorted Daily Pizza Creamy Potato Soup Chicken & Rice Soup Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Popcorn Chicken Bowl Assorted Daily Pizza Creamy Potato Soup Chicken & Rice Soup Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Chicken & Waffles Assorted Daily Pizza Creamy Potato Soup Chicken & Rice Soup Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Cheese Lasagna Assorted Daily Pizza Creamy Potato Soup Chicken & Rice Soup Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad |
| WEEK 2 | Chicken Sandwich Assorted Daily Pizza Broccoli & Cheese Soup Tomato Basil Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Mashed Potato Taco Bowl Assorted Daily Pizza Broccoli & Cheese Soup Tomato Basil Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Waffle Bacon Cheeseburger Assorted Daily Pizza Broccoli & Cheese Soup Tomato Basil Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Chicken Nuggets Assorted Daily Pizza Broccoli & Cheese Soup Tomato Basil Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | WG Pancakes & Sausage Assorted Daily Pizza Broccoli & Cheese Soup Tomato Basil Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad |
| WEEK 3 | Cheese Bosco Sticks with Marinara Sauce Assorted Daily Pizza Creamy Potato Soup Corn Chowder Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Beef & Cheese Walking Nachos Assorted Daily Pizza Creamy Potato Soup Corn Chowder Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | BBQ Rib Sandwich Assorted Daily Pizza Creamy Potato Soup Corn Chowder Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Spicy Chicken Tenders Assorted Daily Pizza Creamy Potato Soup Corn Chowder Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad | Cheese Ravioli Assorted Daily Pizza Creamy Potato Soup Corn Chowder Ham & Cheese Sandwich Buffalo Chicken Wrap Pizza Wrap Italian Salad |
| WEEK 4 | Chicken Sandwich Assorted Daily Pizza Wisconsin Cheese Soup Lasagna Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Beef Soft Shell Tacos Assorted Daily Pizza Wisconsin Cheese Soup Lasagna Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Boneless Buffalo Wings Assorted Daily Pizza Wisconsin Cheese Soup Lasagna Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Mini Chicken Corn Dogs Assorted Daily Pizza Wisconsin Cheese Soup Lasagna Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad | Chicken Alfredo Assorted Daily Pizza Wisconsin Cheese Soup Lasagna Soup Deli Turkey Sandwich Italian Sub Asian Crunch Wrap Cobb Salad |

| JANUARY 2024 | | | | |
|--------------|----|----|----|----|
| M | T | W | TR | F |
| X | X | X | X | X |
| 8 | 9 | 10 | 11 | 12 |
| X | 16 | 17 | 18 | 19 |
| 22 | 23 | X | 25 | 26 |
| 29 | 30 | 31 | | |
| | | | | |

| FEBRUARY 2024 | | | | |
|---------------|----|----|----|----|
| M | T | W | TR | F |
| | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| X | X | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | |
| | | | | |

| MARCH 2024 | | | | |
|------------|----|----|----|----|
| M | T | W | TR | F |
| | | | | 1 |
| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| X | X | X | X | X |
| | | | | |

Winter Fruit Selection:

Pineapple, Strawberries, Apple Slices, Oranges, Red Grapes & Kiwi

Winter Veggie Selection:

Daily: Celery Sticks, Baby Carrots, Broccoli & Cauliflower / served with Ranch
Rotation Weekly: Potato Salad, WG Onion Rings, Refried Bean Dip, Baked Beans & Emoji Fries

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| WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 |
|--------|--------|--------|--------|

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| X | NO SCHOOL | / | NO LUNCH SERVICE |
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