

# FSD 145 FMS Lunch Menu



## Lunch Boxes:

### WEEK ONE & WEEK THREE: Fall Box

Pumpkin Bread served with Vanilla Yogurt, Strawberry Craisins, Mozzarella Cheese Stick, Fruit of the Day and Baby Carrots with Ranch

### WEEK TWO & WEEK FOUR: Muffin Box

Chocolate Chip Muffin served with Strawberry Go-Gurt, Mozzarella Cheese Stick, Fruit of the Day and Celery Sticks with Ranch

## Subs:

### WEEK ONE & WEEK THREE: Ham & Cheese Sub

Ham & Cheese Sub topped with shredded romaine and sliced tomatoes. Served with the Fruit of the Day and Baby Carrots with Ranch

### WEEK TWO & WEEK FOUR: Italian Sub

Italian Sub (Pork) topped with shredded romaine, sliced tomatoes and banana peppers. Served with the Fruit of the Day and Celery Sticks with Ranch

WEEK 1	WEEK 2	WEEK 3	WEEK 4
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X	NO SCHOOL	/	NO LUNCH SERVICE
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	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	<b>Entree:</b> Tomato Soup Cheese Bosco Sticks  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> (Beef) Walking Taco Baby Carrots & Ranch  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> Spicy Chicken Tenders Baked Beans  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> BBQ Chicken Drumstick WG Cornbread  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> Sweet & Sour Chicken Fried Rice / Egg Roll  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub
WEEK 2	<b>Entree:</b> WG Cheese Pizza Side Salad w/ Ranch  <b>Or:</b> *Daily Pizza *Muffin Box * Italian Sub	<b>Entree:</b> Mashed Potato Taco Bowl (Beef)  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> Waffle Bacon Cheeseburger (Pork)  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> Chicken Alfredo Cheese Bosco Stick  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> (Beef) Pot Roast Bowl WG Dinner Roll  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub
WEEK 3	<b>Entree:</b> Pancakes (Pork) Sausage  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> (Pork) Walking Nachos  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> BBQ Rib Sandwich  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> Popcorn Chicken Bowl  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub	<b>Entree:</b> (Beef) Tater Tot Casserole  <b>Or:</b> *Daily Pizza * Fall Box * Ham & Cheese Sub
WEEK 4	<b>Entree:</b> (Beef) Hot Dog Chips  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> (Beef) Soft Shell Tacos  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> Chicken Sandwich  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> Chicken & Waffles  <b>Or:</b> *Daily Pizza * Muffin Box * Italian Sub	<b>Entree:</b> Chicken Drumsticks  <b>Or:</b> * Daily Pizza * Muffin Box * Italian Sub

JANUARY 2024				
M	T	W	TR	F
X	X	X	X	X
8	9	10	11	12
X	16	17	18	19
22	23	X	25	26
29	30	31		

FEBRUARY 2024				
M	T	W	TR	F
			1	2
5	6	7	8	9
12	13	14	15	16
X	X	21	22	23
26	27	28	29	

MARCH 2024				
M	T	W	TR	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
X	X	X	X	X

APRIL 2024				
M	T	W	TR	F
X	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

May 2024 menu will be published April 2024.