

# FSD 145 Alternative HS Breakfast



## Milk Substitutions Available

Daily milk substitutions are available to all District students who have a current modified meal form completed for the current school year. These forms are available from your students school nurse.

Please note that substitutions may only be made if a form is on file, a parent note does not work for this change.

Choices of alternate milk are: Lactose Free Milk, Chocolate Almond Milk, Vanilla Almond Milk, Soy Milk & Oat Milk

WEEK	WEEK
1/3	2/4

X	NO SCHOOL	/	NO LUNCH SERVICE
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	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	<b>Entree:</b> S'mores Yogurt Parfait  Or Cereal Bar  Juice Box / Diced Pears	<b>Entree:</b> WG Sprinkle Donut  Or Assorted Cereal  Juice Box / Oranges	<b>Entree:</b> WG Peach Pancake Bowl  Or Assorted Cereal  Juice Box / Pineapple	<b>Entree:</b> WG Cinnamon Roll  Or Assorted Cereal  Juice Box / Gala Apple	<b>Entree:</b> WG Brunchwich (Pork)  Or Assorted Cereal  Juice Box / Fruit
WEEK 2	<b>Entree:</b> Breakfast Burrito (Pork)  Or Cereal Bar  Juice Box / Diced Pears	<b>Entree:</b> WG Funnel Cake  Or Assorted Cereal  Juice Box / Mandarin Oranges	<b>Entree:</b> Breakfast Peach Cobbler  Or Assorted Cereal  Juice Box	<b>Entree:</b> WG Banana Chocolate Chip Cookie w/ go-gurt  Or Assorted Cereal  Juice Box / Gala Apple	<b>Entree:</b> Breakfast Platter (Pork)  Or Assorted Cereal  Juice Box / Fruit
WEEK 3	<b>Entree:</b> S'mores Yogurt Parfait  Or Cereal Bar  Juice Box / Diced Pears	<b>Entree:</b> WG Sprinkle Donut  Or Assorted Cereal  Juice Box / Oranges	<b>Entree:</b> WG Peach Pancake Bowl  Or Assorted Cereal  Juice Box / Pineapple	<b>Entree:</b> WG Cinnamon Roll  Or Assorted Cereal  Juice Box / Gala Apple	<b>Entree:</b> WG Brunchwich (Pork)  Or Assorted Cereal  Juice Box / Fruit
WEEK 4	<b>Entree:</b> Breakfast Burrito (Pork)  Or Cereal Bar  Juice Box / Diced Pears	<b>Entree:</b> WG Funnel Cake  Or Assorted Cereal  Juice Box / Mandarin Oranges	<b>Entree:</b> Breakfast Peach Cobbler  Or Assorted Cereal  Juice Box	<b>Entree:</b> WG Banana Chocolate Chip Cookie w/ go-gurt  Or Assorted Cereal  Juice Box / Gala Apple	<b>Entree:</b> Breakfast Platter (Pork)  Or Assorted Cereal  Juice Box / Fruit

M	T	W	TR	F
X	X	X	X	X
8	9	10	11	12
X	16	17	18	19
22	23	X	25	26
29	30	31		

M	T	W	TR	F
			1	2
5	6	7	8	9
12	13	14	15	16
X	X	21	22	23
26	27	28	29	

M	T	W	TR	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
X	X	X	X	X

M	T	W	TR	F
X	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

May 2024 menu will be published April 2024.